

We're In Touch

Promoting Massage Therapy through
Education and Professionalism



2014 Annual Meeting A Roaring Success!! Education, Fusion & Certification

We hope you were one of the over 100 members who participated in the Annual Meeting weekend of continuing education, elections, networking and more! We also hope that the pictures below and the education summaries and other noted points inside this newsletter get you excited and move you to get involved. Mark your calendar and join in the fun!



Learning to Lift
& Drag the Cup
in Ace Massage
Cupping Level 1
Certification



2014 Student Scholarship Winners with
Scholarship Chair Laura Wakeford:
1st place - \$1000 from Seacoast is Cynthia
Nicolosi.
2nd place - \$800 from NHITA is Deborah
Freeman.
3rd - \$700 from Seacoast is Lauren Joyce.



Jessica Ferrer awarded
Committee Chairperson of the
Year surrounded by Doreen
Rossi, then Immediate Past
President & Julie Smith, then
President.



Summer 2014

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BOARD OF DIRECTORS

PRESIDENT

Jeanie Gorski

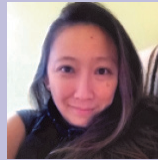
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NATIONAL CONVENTION 2014

2014 Delegates:

Jessica Ferrer and Rick Lane

Alternates: 1st - Patty Faubert
2nd - Ann Maloney

COMMITTEE CHAIRS

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Rick Lane LMT

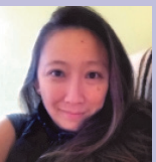
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WEBMASTER

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NEW! MARKETING

NEW!
COMMUNICATIONS
& SOCIAL MEDIA
COMMITTEE

Communications &

NUMBERS TO NOTE

National AMTA

www.amtamassage.org
877/905-2700 847/864-0123

NH Health and Human Services

800/852-3345

National Certification Board for Therapeutic Massage and Bodywork

www.ncbtmb.com 800/296-0664



A Letter from Your President

It would be most proper to thank you for electing such great people to the AMTA-NH Chapter leadership team at the Annual Meeting in April. It will be my pleasure to serve with them.

When you look at the roster of Board and Committee Chairs, take note of all the new faces. While some are familiar old friends, they are finding a new voice on a committee or on the Board and are working hard to make a difference. For me, I have already attended two Chapter President's Council Meetings--one in March in Evanston, Illinois and one in June in Memphis, Tennessee. It is great to meet with the presidents from other chapters, to attend National Board meetings and to bring back ideas and energy for utilization in our chapter. There are so many ways to make a Chapter successful!

In large part, our success depends on your satisfaction and on the number of you that volunteer in various capacities. Whether it is one of the leadership roles or simply helping out one time at a continuing education program--your time makes a difference. In the pages that follow, you will read a good deal about opportunities to grow your networking and association management skills as well as to have fun working with other massage therapists. You will learn that we are an inclusive group when you step up to the plate as opportunities arise. I hope that you are motivated by something we write, a photo taken at an event or just plain curiosity.

On a financial note, those of you who have had AMTA renewals between January and July have noted that the Chapter Member fee is now an optional contribution to the Chapter versus a required fee. AMTA National made a decision last November to eliminate the mandatory fee effective January 1, 2014 giving all members the option to contribute to their own chapter or to any chapter in the country.

This sudden income loss has been difficult to absorb as we had so many plans for discounted continuing education programs, the new MT Fusion events and educating our newest chapter leaders. Fortunately, we had sufficient reserves to do most of what had been budgeted (our fiscal year runs from March through February).

Regardless, change is good and it forces us to take a hard look at everything we do. It is healthier in the long run to ask "why do we do this" rather than have an approach of "we've always done that". Because we have so many new Board members some of whom remain Committee Chairs, we are sending the entire Board to National Convention in Denver. This experience will raise awareness of how best to contribute in their particular role in the chapter. They will learn best practices in a workshop specifically for Chapter Leaders. I encourage you to consider making a voluntary contribution to the Chapter (which can be done at anytime) so that we may continue to provide you with access to exceptional continuing education and other professional growth opportunities.

The Board and some Committee Chairs also spent a weekend recently in Grafton, NH at a Board Retreat. We spent 2 days discussing ways to improve services to chapter members, identifying our priorities in continuing education for the next 15 months, how to help you meet the new criteria for achieving NCBTMB recertification, how best to build the FIRST IN THE NATION Massage Research Committee. On that note, Rick Lane and his new team have submitted an abstract to the Massage Therapy Foundation on "how to establish a Massage Therapy Research Committee in an AMTA Chapter". We are waiting to hear if this has been selected for presentation and display at the National Convention--which would be so totally cool!

So even though we are a small state as far as AMTA membership goes compared with other states around the country, we have BIG ideas and BIG plans and we hope you will come along for the ride.

For those of you who do not know me well, a good portion of my week is spent volunteering--now mostly for AMTA-NH Chapter, but also at my church, for Vision International Mission with whom I go to Haiti each year and mentoring other massage therapists. With your vote of confidence, I am honored to be in service to you. And, if you ever want to go to Haiti--give me a ring.

I hope to see you around the table at Board Meetings & Chapter Meetings.

Warm Regards,

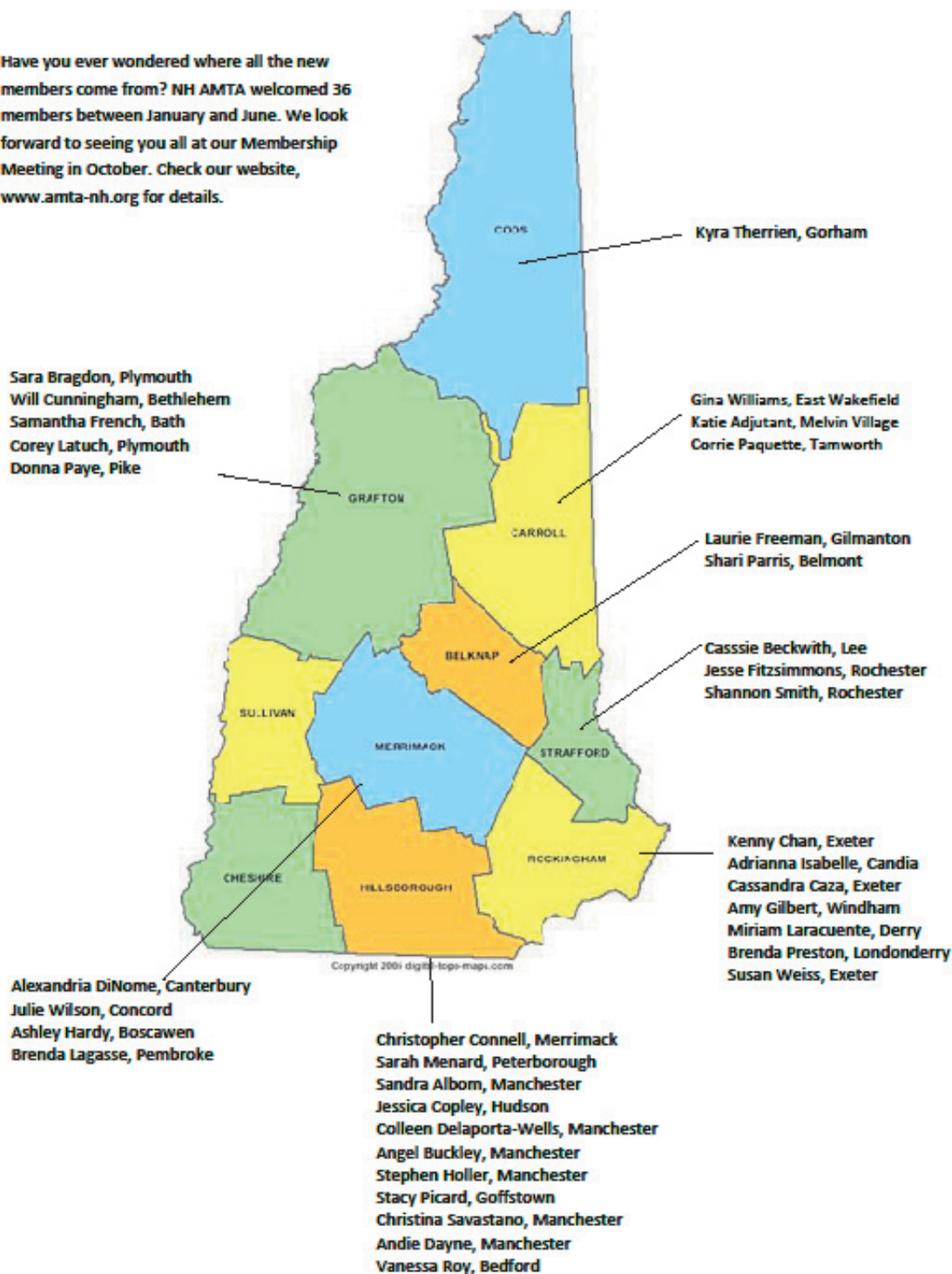
Jeanie Gorski

Membership Committee

Laura Wakeford



Have you ever wondered where all the new members come from? NH AMTA welcomed 36 members between January and June. We look forward to seeing you all at our Membership Meeting in October. Check our website, www.amta-nh.org for details.



**How Does
Your Chapter
Grow?**

LAYERS OF A CHAPTER

Humus: Plant Life: Chapter Members make this a living, breathing organization. Get involved & create bounty for all.

Topsoil: Rich in Humus & Minerals—add Committee Members & Event Volunteers and you can accomplish wonderful things.

Subsoil: Poor in humus, rich in minerals. Elected & Appointed Leadership Members volunteer many hours, but need support.

Weathered Rock: Little or no plant or animal life. AMTA/NIL CHAPTER—Chartered National but need members to be a living, breathing organization.

The Bedrock: You need a solid foundation. AMTA NATIONAL sets policies and goals for State Chapters.

Volunteer Today!

Vote Sat 4/6

Plant Yourself in this Garden & watch the growth

Let's Be Bountiful!

Build Business Management Skills

Drive Direction at your Chapter

Have Fun with like-minded LMT's

Give back to your profession

Travel

Annual Dues is Covered

Volunteer Expenses are Reimbursed

Discounted CE's

We need all layers to be successful.

Where do you fit? We Plant all layers of the garden we have fun doing them.

On pages 8-11, you will read more about volunteering opportunities. These may seem like complex descriptions, but there are small jobs, technical jobs, one-time tasks and ongoing tasks as the inside workings of EVERY committee so a part of the committee may fit your skills & availability. We hope you will consider joining the Chapter Leadership volunteers by investigating and trying out one of these opportunities.

Respectfully submitted,
AMTA-NH Chapter Board



Annual Awards Julie Smith

Well, we didn't actually roll out a red carpet, but our hearts are with every one of the 2014 Annual Meeting Chapter Award winners.



This year, in our Years of Service Awards, we recognized a large group of long-term active massage therapists who prove that longevity in our chosen profession is possible!



Congratulations to:

15 Years – Ann Bedard, Diane Drake, Marie Francourt, Jan Hummel, Darlene Nadeau, Sara Oakley, and Emma Skala

20 Years – Tracy Bell Hannon, Christine Blezzard, Patty Faubert, Colleen Katz, Sarah McLenning, Scott David Flynn, Glenn Smith, Blaire Stevens, Marie Straiton, Joan Henry Townsend

25 Years – Lee Chaffee, Joy Fleming, Margaret Croissant, Cheryl Sullivan

30 Years – Cassandra Curtis

Each awardee was given a certificate recognizing this accomplishment and a credit towards an AMTA-Chapter continuing education program in the dollar amount of their years of service.

We also recognize one Committee Chair for outstanding contribution to the chapter. This year's awardee, **Jessica Ferrer**, was recognized not only for her excellent work on the Chapter website, but also for her hard work in bringing online registrations to a new level and digitizing our check-in procedures at events. Thank you, Jessica. See page 1 for a photo of Jessica receiving the award.

When long-term volunteers leave our leadership team, we also like to recognize their efforts. Thank you to **Rosanne Beurivage**, Benevolence Chair and past Commissioner on Candidacy, and **Judy Harrington**, Education Chair, for their many years of devoted service to the chapter. Enjoy your retirement Rosanne & Judy. See Rosanne's photo under Benevolence on page 16.

Finally Meritorious Award. Meritorious winners have given to the chapter



over a period of years and made substantial contributions in several areas.

This year's recipient, **Laura Wakeford**, has built strong bridges with all the massage schools in New Hampshire through her visits for Membership Committee. Laura has chaired our Scholarship Committee and streamlined the submission process with an electronic application, coordinated the Scholarship Review Committee and made a big deal with the students who have won the scholarships--welcoming them to the AMTA-NH Chapter and their new profession with zest and warmth. Laura will be recognized with Meritorious Award winners from other states in Denver, Colorado at the AMTA National Convention. NH Chapter provides a Convention registration and covers air travel and hotel for our Meritorious winner so they can attend.



Continuing Ed Class Summaries

Aaron Cubbage--Education Committee Member
Patty Faubert --- Cupping Attendee

Zero Balancing - January 2014

As a new therapist looking to see what it can be like to attend continuing education courses I volunteered at the AMTA-NH sponsored Intro to Zero Balancing clinic in Portsmouth, NH on Sunday January 26th. I got to meet many warm and friendly therapists and (I feel) it was an excellent way for me to continue educating myself in massage!

This was definitely just an introduction to the Zero Balancing technique and there was not a lot of hands-on technique actually covered.

Zero Balancing works from "the bone level" and utilizes the mechanics of fulcrums to try and create a balanced body structure and encourage the natural flow and function of energy channels within the body.

There were some thought evoking presentations that touched on the connection between a person's "energy" and their physical body structure. A person can be in constant physical discomfort (or misalignment) and that can cause unrelenting inner turmoil if their body isn't in a state to properly channel away the onslaught of emotional stresses it encounters. If the unwanted energy has no path to leave the body, that negative energy instead just continues to circulate within a person.

There were a couple good hands-on exercises on becoming more aware of the connection between the client and therapist during a session and how simple or small variations in behavior can drastically affect the client's and therapist's experiences.

To learn more about this technique visit the official website <http://www.zerobalancing.com/>

I'll be looking forward to my next opportunity to help out with a continuing education class and I'll be sure to try and pass along anything worthwhile that I learn :)

Aaron Cubbage; Licensed Massage Therapist

Ace Massage Cupping Level I

I cannot thank you enough for bringing William Burton, and his assistants, to teach us Massage Cupping!

Better yet, to have a **Certification** in the first level of this field by the end of the weekend. I have not put the cups down since I left the class!

I am impressed at how well the ACE Massage Cupping is enhancing my practice (and me) in only one week after taking the class.

I know this is only Level 1 but some of my clients are having remarkable results; immediate results!

Especially a woman that has been coming to me for massage, for 20 years, that has Fibromyalgia.

Her shoulder pain decreased in just two visits. Enough for her to sleep soundly through the night!

Patty Faubert, LMT over 25 years!



Your Chapter Leadership is changing--look at all these new faces, thank them for stepping up at the next meeting and consider helping out on these committees.



Lynda Maguire
NH Representative to
NERC



Patty Faubert
NH Representative
to
NERC
And
Alternate Delegate
to National
Convention 2014



David Ferrarini
Hospitality
Chair



RJ Cavers
3rd VP and
Education
Chair

Rick Lane
Research
Committee
Chair
And
NH Delegate to
National
Convention



September 2014

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10 Chapter Board Meeting Concord NH 4 pm	11	12	13
14	15	16 National Board Meeting Chapter Presidents Meeting	17 Chapter Leadership Training House of Delegates Meeting	18 AMTA National Convention continues	19 AMTA National Convention continues	20 AMTA National Convention continues
21 AMTA National Convention continues	22	23	24	25	26	27
28	29	30				

October 2014

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Orthopedic Massage 8:30-6:30 SERESC - Bedford,
19 Orthopedic Massage 8:30-6:30 Auth Method 9-5 Chapter Meeting 12:30 pm	20	21	22 Chapter Board Meeting Conference Call 7 p.m.	23	24	25
26	27	28	29	30	31	

November 2014

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Ace Medi-Cupping 22 Hours 3 days NHITA - Hudson	15 Ace Medi-Cupping 22 Hours 3 days NHITA - Hudson
16 Ace Medi-Cupping 22 Hours 3 days NHITA - Hudson	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Want to Volunteer? Don't know how? We are now creating a database of chapter members, their skills & interests, so that we can call on you when there is a need for a few hours or a long-term project. If you are interested, complete this form and mail it to Jessica Ferrer, 1st Vice President or go to www.amta-nh.org and download the form and email or snail mail it to Jessica. Thank you!!

2014 AMTA-NH Chapter Volunteer Registration

We know you're a great massage therapist, but do you have other talents that could help our Chapter? Are you interested in getting more involved with all that we do? If so, we'd love to hear from you. Please take a few minutes to fill out this form and submit it to us.



Name:		AMTA Member ID:	
Address:			
City/Town:		State & Zip Code:	
Email Address:		Primary Phone#:	

Please check all the areas you are interested in for potential volunteer opportunities:

<input type="checkbox"/> Website Assistance	<input type="checkbox"/> Communication & Social Media
<input type="checkbox"/> Scholarship	<input type="checkbox"/> Education Programs Assistance
<input type="checkbox"/> Public Relations	<input type="checkbox"/> Government Relations
<input type="checkbox"/> Chapter Finances & Accounting	<input type="checkbox"/> Newsletter Assistance
<input type="checkbox"/> Awards & Benevolence	<input type="checkbox"/> Membership
<input type="checkbox"/> Research	<input type="checkbox"/> Volunteer Services
<input type="checkbox"/> Fundraising	<input type="checkbox"/> Networking Event Planning

General Volunteer Interests

I would like to offer my assistance in the following general volunteer areas (check all that apply):

<input type="checkbox"/> Meet/Greet/Hospitality	<input type="checkbox"/> Writing articles
<input type="checkbox"/> Meeting organizing/set-up/break-down/sign-in	<input type="checkbox"/> Event organizing/set-up/break-down/sign-in
<input type="checkbox"/> Massage school/Campus visits	<input type="checkbox"/> Advertising/Marketing
<input type="checkbox"/> Social Media updating (Facebook, Twitter, etc)	<input type="checkbox"/> Public Relations
<input type="checkbox"/> Other (please provide details):	

Professional/Technical Skills

Please list all professional/technical skills that you feel could be of assistance to the Chapter (e.g. typing, photography, computers, web design, writing, proofreading, etc):

--

Availability

I am available to volunteer (check all that apply):

□ Weekdays (specify):	
□ Weekends:	

I am willing to travel for volunteer activities: ☐ YES ☐ NO

Please indicate your preferred method of communication: ☐ Email ☐ Phone

Thank you!

Thank you for your interest in volunteering! Once we receive your completed form, someone from the Chapter will contact you. If you have questions about volunteering or need further information, you can e-mail them to ***webmaster@amta-nh.org***.

Get on the Band Wagon--Help Sell AMTA-NH : *Desperately seeking* MARKETING COMMITTEE VOLUNTEERS



Do you ever wonder how advertisers are placed in the newsletter? How sponsors are engaged for our Annual Meeting? How donations are obtained for our raffles?

Well, these have happened largely in the past through the efforts of the Newsletter Editor, the Past President and the 1st Vice President. Moving forward, we would love to have one person, the Marketing Committee Chair, and a small team of Marketing Committee Members, who would take care of contacting vendors, continuing education providers and other such organizations, to encourage donations for raffle prizes to our Membership and take advertising in our newsletters and through our website.

What skills do you need to do this? What is involved? We have a rough idea but would like someone with marketing experience to help us formulate the description and duties of this committee. Basically, the right candidates will feel comfortable making phone calls and sending emails to potential advertisers, understand the objectives of the chapter and the interests of the members and work to show all of New Hampshire (and beyond) how being in touch with our members will benefit their business.

Interested, contact **Jeanie Gorski at 603-721-9326 or president@amta-nh.org** to schedule a phone discussion about your interests and experience. We look forward to having you serve the chapter and share your marketing expertise.

Hear All About It : LOOKING FOR A NEWSLETTER EDITOR

What is fit to print? What would be interesting? Would I read that? Are you into creating digital newsletters?

Once a year, we mail a printed newsletter to all the massage therapists in the State of New Hampshire. We want everyone to know all the awesome things happening in our chapter and encourage them to participate--even potential members.



Twice a year, we will be sending electronic newsletters using Constant Contact. Only a small group of members asked to continue receiving hard copies and we'll be mailing a copy of the electronic newsletter to them in the future--we want everyone to be connected regardless where they are in the state and what internet services are available.

So, if you like to write, edit other people's work, come up with creative ideas for interesting articles, select the best photos from our events, and bring other new ideas to the Newsletter, we would love to talk to you. This task should entail approximately 6-10 hours cumulatively three (3) times a year--very manageable. The newsletter is printed and mailed by a print/mail house facility so you just need to prep the newsletter and they do the rest. To generate the electronic edition, Constant Contact would be utilized for creation and distribution to our Chapter's email subscribers.

Interested, contact **Jeanie Gorski at 603-721-9326 or president@amta-nh.org** to schedule a phone discussion about your interests and experience. We look forward to having you serve the chapter and with your newsletter assistance.

Breaking News: Wanted: COMMUNICATIONS & SOCIAL MEDIA VOLUNTEERS



If you know what all these images are about, you might be one of our candidates!! Are you a creative, digital influencer who enjoys spending time sharing information via social media sites like those above? Then we have some great ways you can make a difference for AMTA-NH Chapter members!

AMTA-NH Chapter is seeking a few energetic, proactive individuals to volunteer in a role of Communications & Social Media Volunteer. The volunteers will work directly with the Web Committee Chair to maintain a social media presence and communications campaign for the Chapter in promoting its mission statement, workshops, volunteering and other activities aimed at connecting the members, potential members and community.

We are looking for one volunteer to be the Team Captain under Web Committee for Social Media and for a few volunteers who help keep things fresh and current. The full description is available on the Chapter website on the "Volunteer for your Chapter" page. Here are some highlights. Time commitment can be as little as 2-3 hours a month--make it what works for you!

ASSIGNMENT:

1. Developing the Chapter's social media presence with a focus on:
 - keeping our social media channels updated, from a weekly to a daily basis
 - encouraging others to comment on our posts and share them
 - increasing the numbers of people following our posts on our own website and on Facebook, Youtube, etc.
 - post event information to inform and connect the Members and the public with the AMTA-NH Chapter community
2. Consider undertaking or assisting with ONE (or more, as desired) of the following projects:
 - a) Planning and writing a blog-like article each month for the Chapter's website:
 - b) Photography: Developing and updating the Chapter's photographic database of Chapter events; taking photographs, etc. This could also involve video work, if interested.
 - c) Search Engine Optimization: Assisting the Chapter's Webmaster in updating the Chapter's website content to make it more easily found by relevant internet users.
 - d) Another project: If you have a particular area of knowledge or an interest area you would like to pursue, you are welcomed to propose and develop your own project.

DESIRED SKILLS & REQUIREMENTS:

- * An excellent communicator able to write clearly, accurately and succinctly
- *Familiar with using social media and other tools to general interest in business or project
- *Has enthusiasm to keep up-to-date with current events in the massage therapy field
- *Familiar with maintaining and/or developing website content
- *Experience with e-mail campaign applications such as Constant Contact
- *Must be a current AMTA Member in good standing (Student Members welcomed to apply)
- *Accept and adhere to Chapter Volunteer Code of Conduct

INTERESTED: *Complete the Volunteer Application in this newsletter and mail it to Jessica Ferrer (address on Page 2) or complete the online form on the website. You will hear from Jessica shortly after completing your application.!! Thank you.*



Education: Committee Report

Continuing Education Opportunities Abound

By RJ Cavers, Education Chair

“What's up with Education?” You ask....

BING! October 18/19, 2014: James Waslaski, 2008 Massage Hall of Famer!

BANG! October 19, 2014: Sheri Auth, Live from NY City!

BOOM! November 14/15/16, 2014: William Burton returns, WOOT WOOT!



BING!

James is an engaging, leading instructor in the field of Orthopedic Massage, and we are very pleased to announce he is coming to us for part 1 of a 3 part Certification in Orthopedic Massage. James will be instructing "*Orthopedic Massage for Upper Body Conditions*" on Oct 18 & 19, 2014 for an intensive 70% hands on, 18 CEH weekend.

"Based on revolutionary clinical research, participants will learn new techniques that will forever change the way they approach myofascial, trigger point, and tendon pain." (www.orthomassage.net)

If member interest dictates, James will be returning to NH during 2015 to complete this 3 part certification series. So lets hear your ideas about this! Registration information for all programs on the next page.

For those of you who would like something a bit lighter or perhaps already have had the privilege of studying under JW, we have a second presenter that might just be what your looking for!

BANG! Shari Auth will be presenting on *Sunday Oct 19th on the subject of Forearm Massage. "Forearm Massage: Save Your Hands & Your Career"* Shari has never been to NH before so this is a unique opportunity to learn from & watch her dance her way through forearm work using the principles of Qigong. This is an 80% arms on, 7 CEH workshop that should prove to be tons of fun, enhance your techniques and save your hands!

"In her choice of instructional subjects Ms Auth focuses on subject matters that make giving massage easier on the practitioner's body while improving the quality of the massage. She founded the Auth Method of Forearm Massage as a way to give back to the profession that means so much to her." (SA Website) !



BOOM! AMTA-NH Chapter is pleased to announce that William Burton, of Ace Massage Cupping, will be returning to us for *Part 2 of a 3-Part Cupping Certification. MediCupping will be held on Nov 14-16, 2014.* William has a fabulous passion for Cupping Therapy which shows in his classes.



MediCupping takes Massage Cupping Therapy to the next level by utilizing the MediCupping Vacuum Machine to facilitate the "pumping of the cups". You will do some amazing bodywork and free up your hands to work right along side the cups for an intense full body treatment.

You will need a medicupping machine (approx \$500) to bring this work into your practice (William will bring machines for class purposes & for purchase). We are trying to arrange a group discount and will advise shortly on this.

Massage Cupping Therapy Level 1 is a prerequisite. This class is limited to 30 participants, so early registration is recommended. The weekend will be approximately 75% hands on and provide you with 22 CEH's. So brush up on your Lymphatic, Circulatory & Muscle A&P and join the fun!

Registration for Fall Continuing Education

James Waslaski, Orthopedic Upper Body: 18 CEHs, Oct.18/19, 2014
 Registration: 8:00 am Sat & Sun: Workshop: 8:30 am to 6:30 pm both days
 Seresc Center, 29 Commerce Drive, Bedford NH.
 Bring massage tables, linens, lotion, wear comfortable clothing.
 Early Bird AMTA Members: \$325.00--By 9/18/14
 9/19/2014 and After: Members & Potential Members: \$375.00
 Lunch will be provided both days.

Shari Auth, "The Auth Method" Forearm Massage: 7 CEHs, Oct. 19, 2014
 Registration: 9 am: Workshop: 9:30 am to 5:30 pm Sunday only
 Seresc Center, 29 Commerce Drive, Bedford NH
 Bring massage tables, linens, lotion, wear comfortable clothing.
 Early Bird AMTA Members: \$140.00 By 9/18/14
 9/19/2014 or After: Members & Potential Members \$175.00

CHAPTER MEETING SUNDAY 10/19 12:30 TO 1:30 p.m. Lunch provided.

William Burton, Ace MediCupping: 22 CEHs, Nov 14-16, 2014
 New Hampshire Institute of Therapeutic Arts, 153 Lowell Road, Hudson NH
 Bring massage tables, linens, two hand towels per day, comfortable clothing, lotion & light blanket
 Registration: 8:30 am Workshop 9:00 am - 5:30 Fri & Sat, 9:00 am to 5:00 Sunday
 THIS CLASS WILL HAVE REGISTRATION LIMITED AT 30 ATTENDEES.
 Early Bird AMTA Member: \$295 By 10/15/14
 10/15/2014 & After: Members & Potential Members: \$350.00
 Refreshments and Lunch on your own. Eating on premises is permitted.

I am registering for: (circle your option(s))	Waslaski 10/18 & 19	Auth 10/19	Burton 11/14-15-16	Total Investment Due
Early Bird	\$325	\$140	\$295	\$
Regular	\$375	\$175	\$350	\$

Name	Address

City	State	Zip

AMTA # _____

Email (pls. Print) _____

Phone	Cell

CHECKS MADE PAYABLE TO: **AMTA-NH CHAPTER**
 Mail to: RJ Cavers, 4 Oak Drive, Litchfield, NH 03052
 Questions?: Call RJ Cavers at (603) 315-4259 or email at education-chair@amta-nh.org with your questions.



Government Relations Vickie Branch

A Chapter Member brought to our attention a Massachusetts friend ("Jane") a licensed massage therapist who wants to work in NH. Jane was told that in order to get a NH license she would have to be a resident of NH. This is not true. This only applies to those who want a temporary license to practice massage while they get settled. We thought to clarify this issue as it is not so unusual and

some of you might know people interested in practicing in NH.

The temporary license was added to the law because the board recognized a hardship for licensed therapists moving to NH from another state and not being able to work until all educational requirements were completed. (328-B:5-a) This law is there as a courtesy and acknowledgement of their completion of an approved minimum 500 hour training program and allow them to make a living while fulfilling the needed requirements for NH licensure. This is also meant to apply to therapists who have been practicing as a massage therapist in another state for at least 3 of the preceding 5 years. NH also allows for reciprocity if the other licensing body's requirements are substantially equivalent to or not less than the requirements under Section 328-B:6

The reason this temporary license is so specific is to eliminate those coming from unlicensed states (such as Vermont) or those with minimal experience in the field to just "set up shop". NH has a 750 hour educational requirement to be *competent as an entry level practitioner*. Obviously, someone with 500 hours of training and 3-5 years of practice has certain entry level competencies that a new graduate of a 500 hour program would not. A temporary license is only good for one year and can not be renewed.

If your friend wants to practice in NH as an out-of-state resident, then she will have to go the DHHS website: <http://www.dhhs.nh.gov/oos/blc/massage/forms.htm> and complete the transcript review. The board will determine what classes she will have to complete before she is eligible for a NH massage license. CE's are typically not allowed as part of the transcript review process because they are awarded based on attendance and not competency. She will have to wait until she receives the license to practice, but she does not need to move to the State.

I am happy to speak with anyone in this situation and assist them in the process.

As a side note HB654 passed recently to increase certain professions licensing fees. Massage Therapy was one of a handful to have their fees increased from \$100 to \$110 every 2 years. There was no opposition to this bill from AMTA - as a \$10 increase didn't seem worthy of the time and effort. Plus, I think this is the first increase in 25 years!

Benevolence -- Do you see yourself here?

Rosanne Beaurivage has been an active Most recently, she was Committee Chair for Candidacy. Rosanne decided late winter We thank Rosanne for her dedication. Benevolence Committee. You will work and bring a little sunshine to our members recognizing major life moments with a card, small gift or other token of acknowledgment.



Rosanne Beaurivage Retires

volunteer in the chapter for many years. Benevolence and our Commissioner on that other priorities needed her attention. We are looking for someone to step up to through the Membership Committee Chair

In this issue, we report:

- ♦ Sue Appleton, Chapter Treasurer, lost her husband David on July 6 after eight years of declining health. A gathering of remembrance will be held in Hebron, New Hampshire on August 10 from 10 to 1PM. Please email Sue if you plan on attending. Donations to the Newfound Lakes Region Association, 800 Lake St., Bristol, NH . We are sorry for Sue's loss.
- ♦ In May, Colin Widhu, massage therapist with Massage Envy for 5 years, completed his Bachelor of Science Degree in Health Sciences at New England College. Colin is hoping to enter Franklin Pierce's Physical Therapy Doctorate program next year. Way to go Colin!
- ♦ Mark Todt, a new massage therapy graduate from Seacoast Career Schools, opened a private practice in Manchester this June. We wish Mark well and give him kudos for jumping in with both feet!

The 2015 AMTA
New England Regional Conference:
"Massage: A Legacy of Healing"
Thursday, March 19 - Sunday, March 22, 2015
Sheraton Hotel, Route 9, Framingham, MA!

Five Reasons to budget for 2015 NERC

Reason #1 Very best in education, spend the weekend with presenters such as Ben Benjamin and Nancy Dail just to mention a few that help implement new skills to establish your own legacy of healing. *Up to 18 CEH's included with full registration!*

Reason #2 Networking opportunities, with over 250 fellow therapists from all over New England and beyond. *Six meals included with full registration!*

Reason #3 Dance to great tunes at the Saturday night dinner dance. *Included with full registration!*

Reason #4 Get great bargains and try new products with the many exhibitors who also give away samples & and a chance to win free raffle prizes at the state reception on Friday evening.

Reason #5 Get all your CEHs in one weekend, unparalleled program that includes ethics as well as a research class.

Full Registration is about \$370 for everything above. Think about sharing a hotel room (not included in full registration) at the discounted conference rate to keep this event affordable (maybe share with two other people to save even more). Watch the NERC website www.amtanerc.org for Early Bird registration. We will also post updates in the Winter newsletter but wanted to get this SAVE THE DATE notice out to you. Contact your NERC reps, Lynda Maguire and Patty Faubert with any questions!



Hospitality Committee
David Ferrarini

Hi, I am David Ferrarini, the new Hospitality Committee Chair and a recent graduate. It's exciting starting my career as a massage therapist at the same time as getting involved in the AMTA- NH Chapter. It was a blast helping the chapter plan the annual meeting--I hope you liked the food at the Grappone Center in April because menu planning is just one way the Hospitality Committee contributes to the chapter.

I am looking for a few volunteers for chapter meetings to help with menu planning, greeting visitors, helping the presenters, checking in CEH attendees, and more. Volunteering for Hospitality could mean as little as 3 hours two or three times a year or you could help with other projects like planning MT Fusion events or helping at Board meetings.

Grab my info from Page 2 and give me a shout so we can talk about it. I look forward to hearing from you!

Awards Committee
Julie Smith



Well, it sure is a wonderful view from the seat of Immediate Past President and all the fun things I get to do.

At our annual meetings, we present awards for Committee Chair, Mentor of the Year, Retiring Board Member/Committee Chair and Student Scholarships.

We would love to have more input from you when making these decisions. You can email me during the year when you have an encounter with any chapter member that makes a difference for you. Maybe there is a long-term therapist who has given you a ton of great advice, or a massage therapy instructor who didn't stop helping you after graduation? Maybe you know of a chapter member--not necessarily a chapter volunteer--who does amazing charity or volunteer work in the community?

Please feel free to bring to our attention any of these good deeds so we can consider them when selection our annual Award recipients. We might just like to do a "member feature" of them in the Newsletter some time.

Have a great summer & come see us in the Fall to earn some CEHs or network at an MT Fusions event!



Jessica Ferrer

Chapter Delegates to National Convention Denver, Colorado September 17, 2014



Rick Lane

AMTA 2014 Position Statement Proposals and Recommendations

****Your comments are needed****

"The ear of a leader must ring the voices of the people." ~ Woodrow Wilson

Your vote is important!

The function of a Delegate is to represent members on the AMTA National Floor of the House of Delegates Meeting (HOD). Each year members are encouraged to formally propose position statements and recommendations. The Delegates will have the opportunity at the House of Delegates to represent the support and concerns of you, our members and work with other state delegates to vote in favor or against a proposed position statement.

The AMTA Position Statement Proposals and Recommendations for 2014 have been sent to our AMTA-NH Delegates and are now available online for your review at amtamassage.org.

All AMTA-NH Chapter members are encouraged to read and submit their comments on these proposals to **2014ChapterDelegates@amta-nh.org** to be reviewed by your elected Delegates and Alternate Delegates for consideration.

In September 2014, Delegates Jessica Ferrer and Rick Lane will cast your vote at the House of Delegates meeting, held during the AMTA National Convention in Denver, Colorado. The Position Statements approved by the House of Delegates at the HOD meeting will immediately become official views of the Association. Recommendations approved by the House of Delegates will then be referred to the National Board of Directors to be considered as official components of the AMTA National By-laws and/or Policies.

Considerations: Questions you should consider while making your decision on the vote.

- Is research flawed, invalid or insufficient to support the statement?
- Do you agree or disagree with the position statement?
- Is the proposed statement appropriate for AMTA to make?

[AMTA 2014 Position Statement Proposals](#) (full proposals available on amtamassage.org)

POSITION STATEMENT PROPOSAL ON PORTABILITY

Position Statement: It is the position of the American Massage Therapy Association (AMTA), that regulations, in statute and/or rules, should provide options for portability of credentials which meet the required licensing, certification, or registration of massage therapists across the United States.

POSITION STATEMENT PROPOSAL ON MASSAGE FOR HEALTH AND WELLNESS

Position Statement: It is the position of the American Massage Therapy Association (AMTA) that massage therapy can improve health and wellness through its effects on the physical, mental and social well-being of an individual.

POSITION STATEMENT PROPOSAL ON THERAPEUTIC MASSAGE FOR BURN SCARS

Position Statement: It is the position of the American Massage Therapy Association (AMTA) that massage therapy can assist in the rehabilitation of burn scars.

2014 AMTA Recommendations

Annually, AMTA members have the opportunity to develop recommendations on AMTA National By-laws or policy. This input is just one of the many ways AMTA's initiatives are informed directly by its members.

California Recommendation: Chapter Fees

Each Chapter may determine the amount of its Chapter Fee and how to request/acquire said Chapter Fee,

South Carolina Recommendation: Delegate Funding

Remove the financial responsibility of funding Delegates' attendance to the House of Delegates from the State Chapters' budgets.

Washington Recommendation:

Recommends that the AMTA Board study moving the function of generating and approving Position Statements on the clinical efficacy of massage from the House of Delegates to another group, and that the AMTA Board encourage the House to discuss issues that relate to the actual practice of massage therapy throughout the United States.

If you would like to correspond with the 2014 AMTA-NH Chapter Delegates directly/individually with your comments on the Proposals and Recommendations, the contact info is below:



Jessica Ferrer, Delegate: delegate_a@amta-nh.org

Rick Lane, Delegate: delegate_b@amta-nh.org

We look forward to receiving your comments and feedback to best represent you, our State members, at the 2014 National Convention this September in Denver, CO.



AMTA-NH CHAPTER

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Search: AMTA New Hampshire Chapter

AMTA-NH Members:

Learn about chapter operations and get involved with developing issues by attending open board meetings. See the calendar inside.

Please email president@amta-nh.org in advance of attendance.