

Minutes from March 1, 2017 GR/CCMT teleconference
Submitted by: Christen Corvington

Present on call: Christen Corvington (AMTA), Garin Vorthmann (CLS), Kathryn Stewart (AMTA), Chris Smith (CSHA), Charlotte Grill (AMTA), Roger Patrizio (CIMT), Tami Schumacher (AMTA), Susan Grubb (AMTA), Kris Will (CSHA)

Discussion topic: from DORA “What are the top 3 things you think consumers need to know [about massage]”

- possible intent: how to know you are talking to a legitimate massage therapist
- look for “LMT” associated with therapists name/advertisement/business cards
 - research the therapist prior to going: on DORA website/AMTA message.org etc.
- ask what the therapists training is
- professional draping
- if any rules about posting license number—making sure to see that person has business license number/DORA card displayed
 - opposition: professional identity theft
- both MT AND Client have “veto power”—ability to stop massage at any time.
 - your therapist should be listening to YOU and doing what you are asking for.**
- encourage consumers to shop around-“If you didn’t like your massage, try someone else.”
- be sure to communicate with therapist about your end goal for massage
- when is deep tissue therapeutic and when is it NOT therapeutic
- painful is not necessarily better—be empowered to speak up, your massage therapist wants to know
 - adjustments can be made for your comfort
- massage is a legitimate therapeutic option for maintaining health and well-being (repair AND prevention)
 - it has well researched therapeutic benefits

OUR FINAL 3

- appropriate to ask your massage therapist if: they are licensed?**
- member of a professional massage association?**
- the client has the right to expect respectful draping and touch**

- the client will be treated modestly
- they should have to fill out a disclaimer which brings them through what to expect etc

Update from Garin: everything quiet on our issues right now in legislature-bills regarding occupational schools did die.

Roger-suggests opening up email list for everyone in this group so that we can communicate with more efficacy

- christen will set up an email list with the names of the people on the call to be seen in emails, not bcc
- anyone else that wants to join “non-bcc” list can, but we won’t automatically expose their personal contact info without being asked

Our next teleconference is March 15, at 8:30 am