

Spring 2017 VOL. 26 NO. 2

Idaho In Touch

A Publication of the American Massage Therapy Association Idaho Chapter

TO SUPPORT OUR MEMBERS AND PROMOTE
THE HIGHEST PROFESSIONAL STANDARDS

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Message from the President

cathartic as digging and planting in dirt. Digging in and discovering where each client holds their tensions, their fears and their pain is enlightening to me. Seeing my clients stand taller and move easier after their session is incredibly rewarding.

Spring is coming...right?

If my memory serves me correctly, it IS supposed to follow winter...especially the longest winter in recorded history! At least, that's how it has felt this year.

Even though there is still snow in my raised garden beds and areas of my flower beds are so frozen that I cannot yet begin to do any spring outdoor cleaning...Spring will arrive. And with it, I am hoping for a return of tolerance and appreciation for our brothers and sisters among us, regardless of our beliefs, politics and otherwise. My heart aches for the turmoil that has invaded our families, our communities and our nation.

That is why I continue to check on the status of the dirt in my garden and flower beds. I've always said that digging in dirt keeps me sane...and gives my family a reprieve from my most insane levels of hyperactivity *inside* the house. It's my productive way of burying my head in the sand, except my head is replaced with a lovely purple-hued, mophead hydrangea and the sand is soft and loamy, chocolate brown dirt.

Since entering the world of massage therapy nearly 9 years ago, I find that being a massage therapist is as

Spring is especially anticipatory for me professionally. It is the time to plant new techniques into my practice via our chapter's 2017 Annual State Convention. It is also the time for us to come together as fellow therapists, nurturers, health care professionals, and human beings.

At this year's convention, we are offering five single workshops presented by three seasoned and engaging instructors: Eric Stephenson, Nathan Nordstrom and David Otto. The classes are each unique and intriguing...I am honestly having a difficult time deciding which of those seeds I want to plant and cultivate. I do know this; whichever classes I select will offer me the opportunity to grow as a therapist and that is how I can best nurture and care for my community and my nation, one massage session at a time.

I look forward to seeing you in April, amongst the sunshine and tulips!

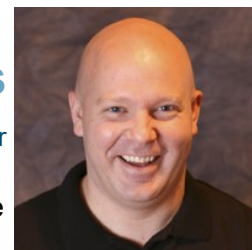
Warmly welcoming
spring-



Becky

Positioning, Persistence, and Patience for Patients

David Otto, LMT, BCTMB, Instructor



Today, in a specialized segment of our massage therapy profession, “medical massage” is stronger than ever; as a method of practice, in the public perception, and in the workplace.

Since there are plenty of technique/modality classes taken and massage professionals are doing a great job at sharing the Benefits Of Massage on social media, it becomes the “in the workplace” part of this equation that seems to be the most challenging right now: as a profession, we have the drive, but the means and the way are still elusive in their relationship to making medical massage part of an integrated health care modality inside hospitals and clinics.

The Means - Being prepared

What do I have to know? When I was a Boy Scout, the goal was always to attain the rank of Eagle Scout - the top-most, epitome of what it meant to be part of the Boy Scouts of America organization. Applying the knowledge I needed (merit badges, community service projects, recommendations by relationship) to do the things that needed to be completed to check them off on my way to attaining that recognized and recognizable achievement...there was always a plan. From my troop leaders to my Scoutmaster to my parents: always a motivation and book-smarts (in the Boy Scout Handbook)...and a little faith was involved.

This pathway to success is no different than pioneering a program in any field - today, many hospital a clinic campuses are void of integrated practices, like massage therapy programs, that assist their patients in shorter stays, better patient experiences, and positive health outcomes because of the work that has yet to be utilized as a systematic resource.

There are books to read, technique classes to take, and certificates to earn that help us be book-smart. But

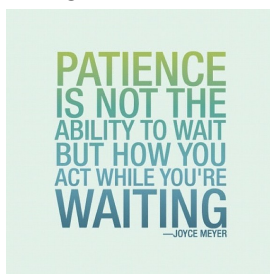
there's more: having a Vision for the end goal for each hospital or clinic patient you touch.

Knowing the End Goal and establishing a Position is really important - getting patients happily out of their care and back into their communities because *what you have done using massage therapy helped is one way of simplifying a goal and approaching hospital or clinical administrators. It's true: they want this for their patients, too.*

The Way - How we can get into these workplaces

Who do I know? If you know absolutely no one in the hospital or clinic in which you want your practice to flourish, it's time to make yourself known: reach out, network, make appointments to meet an administrator, attend a hospital function (usually public-related, where education is the focus) - be a hospital function.

Initiating a program does not have to be difficult, or lengthy, or expensive. Time and time again, I have understood that what is perceived and understood to be a “successful, multi-practitioner-staffed program” inside a hospital began as a one-therapist



volunteer opportunity.

Don't misunderstand me: your time and your talent as a massage therapist addressing the health care needs of your in-hospital or in-clinic clients who are being cared for by a medical establishment is valuable. Volunteering is a method of creating reputation, establishing expertise,

and showing the value of Results when it comes to providing a service for which a medical group is willing to pay...but sometimes: it takes Patience.

Since your expertise also requires that your continuing education, professional and business licensing, and continual hands-on practice require a financial commitment, so should your communications with hospital decision makers be effectively clear and concise. This is where a great business plan, presentation of that plan, and follow-up (again: Patience) come into play.

As with any profession, there comes the challenge of business sense. Being a Business Major certainly has its benefits, but not all - in fact, very few - career massage therapists have that college degree and would know what to do. Some massage therapists are natural business people while others need a mentor, coach, or consulting firm to assist them in adding the one piece they are missing from being completely successful in the environment in which they dream of practicing their passion.

With Persistence and at the end of the day, efforts of massage therapists to be inside hospitals and clinics facilitating evidence-based or evidence-informed practices will be meant to at least be 'more the norm' and, at best, the nature of massage therapy: to assist in the management of health-related symptoms employing commonly-utilized massage therapy techniques that tout and show by experience positive health outcomes.

David Otto, LMT, BCTMB, is Director of Operations at Anatriptic Arts Inc, organizing and providing massage therapy services to corporate clients and patients & employees of hospitals and clinics. David operates his sole proprietorship, Hands In Motion, in Las Vegas, NV. He is also an instructor with Educated Touch.



AMTA Idaho will hold it's chapter elections online again this year as we have the last 2 electoral seasons. Voting opens March 24th and closes April 7th. Although we only have once candidate, it is important that you vote! Please show your support by participating in the voting process. This process of voting in our volunteer board and committee chairs is one of the benefits that sets us apart from other associations.

2015 Election Timeline

March 24th – April 7th: Online voting is open.

April 28th: Election results are announced at the Annual Member Meeting and new officers are sworn in.

June: All chapter volunteers (board members, delegates, committee chairs, etc.) are *REQUIRED* to attend the Strategic Planning Retreat (date to be announced once all volunteers can give their input)

Thank you to Donna Hoffman for your willingness to serve as COC Committee Chair.

Watch for specific voting instructions to come via email from **Simply Voting Inc.** If you have any questions please email coc.amtaid@gmail.com or call Donna at 406-210-1093. Thank you!

Please find the information on the candidate running for office below. You will also find her candidate resume included in the newsletter on page 5.

<u>Office</u>	<u>Name</u>
Board Member	Joan Hamilton
Delegate	Joan Hamilton



2017 AMTA-IDAHO ELECTION CANDIDATE RESUME

Please print or type

Name Joan M Hamilton AMTA I.D. # 1220440

Home Address 727 Tower Lane Caldwell ID 83607

Phone (w) _____ (h) 715-456-7822 (fax) _____

Email Joansmassage63@gmail.com

Years in massage 17 Years in AMTA 2 Massage license # _____ State IDaho

Massage school attended & location/# of hours St Croix center Healing ARTS Hudson WI 640hrs

Date of completion Oct/2001 Other related schooling medical massage, BA in career &

Technical Education Pregnancy massage, hot Stone, Healing Touch, Thai, myofascia
Neuromuscular, Sports, Craniosacral, Lymph

I am interested in volunteering in the following areas – positions in **BOLD** are elected positions and this form will serve as your submission to the Commission on Candidacy for elections:

☐ Awards ☐ Government Relations ☐ Marketing & Communication ☒ Education ☐ Membership

☐ Commission on Candidacy ☐ Conventions/Workshops ☒ Delegate ☐ Alternate Delegate

☒ Board of Directors: (circle one) **Board Member** / Secretary / Financial Administrator

Relevant community or professional experience: 12 years working with a physical

Therapy Facility, Representative for Globe University @ Regarding State
Laws

List AMTA Chapter (C) and National (N) Offices held with dates (include committees):

None

Other Qualifications:

Worked with Live Strong Program, hosted Wellness fairs

Worked with Senior American Day, Fibromyalgia Support Group
Lung Support Group, Stroke Support Group

FOR THOSE SEEKING TO RUN FOR A BOARD OF DIRECTOR POSITION

How many hours a week do you estimate will be required to perform the duties of this office? _____

Are you currently able to commit the appropriate time for the performance of your duties? **YES**, NO

What are your reasons and objectives for seeking this office? I am proud to be

a massage therapist and I would like to see
the profession grow and develop as part of wellness
and health professions.

Tiffany
Sarah
Sammy
Julie
Bryan
Haley
Antonia
Adrianna
Karen
Cathleen
Chantel
Darci
Katrina
Jodi
Emma
Kelly
Paige
Rayanne
Katrina
Bowen
Megan
Sarah
Sarah
Tauna
Kalina
Celeste
Dawn
Teresa
Keith
Courtney
Emily
Jodi
Andrew
Amber

Bishop
Bowes
Fuler
Grizzard
Hodges
Huxford
Judson
Regalado
Roberts
Smith
Hudson
Polatis
Spaulding
Wotowey
Funk
Powell
Millward
Towles
Clayson
Maygren
Bernard
Bishop
Saville
Butler
Griggs
Fulton
Juker
Rushton
Empey
Beck
Witsil
Smith
Tayler
Grubham

Blackfoot
Boise
Boise
Sagle
Shelley
Rexburg
Rexburg
Nampa
Buhl
Idaho Falls
Coeur d'Alene
Pingree
Pocatello
Pocatello
Burley
Coeur d'Alene
Pocatello
Post Falls
Inkom
Post Falls
Coeur d'Alene
Coeur d'Alene
Chubbuck
Blackfoot
Coeur d'Alene
Boise
Mountain Home
Saint Anthony
Ammon
Twin Falls
Boise
Nampa
Post Falls
Coeur d'Alene

WELCOME NEW MEMBERS!!!

VOLUNTEER!

Get Involved as a volunteer
for the AMTA Idaho
Chapter! There are many
benefits and opportunities
for professional growth.

Please see [page 17](#) for
available positions
and details or contact
Becky Olinger,
president.amtaid@gmail.com
or call 208-305-3438

We'd love to have you join
our volunteer corps!



www.theknowlesgallery-studio.com

Idaho State Board of Massage Therapy Meeting, February 3, 2017

Submitted by Becky Olinger

In attendance: Gail King, Carla Anne Steen, Linda Chatburn, Deborah Karren, Tana Cory, Dawn Hall, Lori Peel, Maurie Ellsworth, Mitchell Toryanski, Dicsie Gullick, Becky Olinger, Randy Young, (Manager – Massage Envy), Michelle Fenn (LMT), Bibiana Arias (LMT), Anthony Catalano (Office Manager - ISMT)

Financial Report: Dawn gave the financial report, which indicated that the Board had a positive cash balance as of January 31, 2017.

Investigative Report: Lori gave the investigative report.

<u>Fiscal Year 2017 (to date)</u>	<u>Fiscal Year 2016</u>
Total Complaints received 23 (Incl. 17 CE audit files.)	Total Complaints received 22 (Incl. 2 CE audit files.)
Status:	Status:
Closed by Board action 8	Closed by Board action 9
Closed following disciplinary action 5	Closed following disciplinary action 6
Pending Legal Review 3	Pending Legal Review 6
Pending IBOL disciplinary action 3	Remaining under investigation 1
Remaining under investigation 3	
Awaiting Board determination 1	

Public Comment: Ms. Fenn raised the issue of Massage for Oncology patients, and specifically if there is a certification for specialty training in such disciplines. She feels there needs to be a way for special needs clients to be referred to competent, trained providers. The Board recommended that she work with the AMTA to begin a registry of certified therapists. The Board further asked Ms. Fenn to send the Bureau the link to the Society of Oncology Massage to be added to the Frequently Asked Questions page.

Legislative Report: Mitch gave the legislative report. He said that all three proposed laws were presented to the House Health & Welfare Committee earlier that morning. House Bill 7 regarding the authority for the Board to approve curriculum was being held in the committee until February 8, 2017 because the vote was split 5- 5, and Rep. Packer wanted the committee members who were absent to be able to vote on it. House Bill 8 regarding the fingerprint based background check passed the committee with a majority. House Bill 9 regarding the increase in the Honorarium passed overwhelmingly with only a couple of comments. House Bill 8 and 9 will be heard on the House Floor in a few days. The Board discussed House Bill 7 and how best to proceed. There was a question from a public attendee about the proposed rule regarding provisional licenses and when the rule would go into effect. Rules go into effect when the Legislature adjourns. *(Editor's note: please see article on page 7 for the most up to date information on the status of HB 7, HB 8, and HB 9)*

FEDERATION OF STATE MASSAGE THERAPY BOARDS EXECUTIVE DIRECTORS' SUMMIT: The Board reviewed correspondence from the Federation of State Massage Therapy Boards regarding their Executive Directors' It was motioned and approved to send a Bureau staff member to the summit

Correspondence:

- The Board reviewed correspondence from the FSMTB regarding the litigation it recently initiated as well as a message from the President.
- The Board reviewed correspondence from a therapist regarding questions relating to her schooling and school program.
- The Board reviewed correspondence from an educator regarding public information for continuing education. The Board requested the Bureau draft language for the continuing education page regarding the list not being comprehensive.
- The Board reviewed correspondence from a therapist/educator regarding comments on the proposed laws and rules.
- The Board reviewed correspondence from the FSMTB regarding its Massage Education Policy.
- The Board reviewed correspondence from a state legislator regarding comments on the proposed laws and rules.

NEW BUSINESS NEXT MEETING is scheduled for April 3, 2017 at 8:30 AM MST.

Legislative Report

Submitted by Becky Olinger, Government Relations Chair

2017 Legislative Session

House Bill 7: Amends existing law to provide that the State Board of Massage Therapy has the authority to review and approve certain educational curricula for massage therapy schools.

- Passed on the House floor with a vote of 39-30-1
- Reported out of Senate Health & Welfare Committee with a “Do Pass” Recommendation.
- Failed at the 3rd reading in the Senate with a vote of 20-14.

House Bill 8: Amends existing law to require criminal history checks and fingerprinting for licensing new and existing massage therapy applicants and current licensees.

- Passed on the House floor with a vote of 48-21-1
- Reported out of Senate Health & Welfare Committee with a “Do Pass” recommendation
- Failed at the 3rd reading in the Senate with a vote of 17-17-1.

House Bill 9: Amends existing law to revise provisions regarding compensation for members of the Board of Massage Therapy. It passed in both the House and the Senate and was signed by the governor on March 1, 2017 and will take effect on July 1, 2017.



Contact Kylie Dunder
208-705-0725
Newsletter.amtaid@gmail.com

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Discounts available for multiple insertions.

Deadlines:

Feb 15 • May 15 • Aug 15 • Nov 15

Publish dates:

Mar 1 • June 1 • Sept 1 • Dec 1

2017 AMTA Idaho Annual Convention

Red Lion Hotel - Lewiston, ID April 27-30, 2017



Eric Stephenson, LMT, NCTMB

Advanced Deep Tissue Techniques for the Head and Neck - 7 CE

Along with the back, the head and neck is always one of clients' favorite places to be massaged. Often times, as therapists, we fall into the same old routines in this area of the body; the same old strokes and techniques. This entire day of head and neck work will combine Deep Tissue techniques to the sternocleidomastoid, scalenes, multifidi, trapezius, levator scapulae, splenius capitis; along with wonderfully relaxing Swedish strokes as well as stretching. Leave this focused workshop with a brand new set of tools to immediately start using in your practice.

Feet First! Advanced Deep Tissue Techniques for Feet and Ankles - 7 CE

An entire workshop devoted solely (pun intended) to the feet! We will examine anatomy at the foundation of our structure and techniques to address common complaints such as plantar fasciitis, Achilles tendonitis and other common conditions. In addition, we will introduce our "No Thumbs" Deep Tissue approach and Core Body Mechanics in a seated position for optimal ease in delivering the work.

In these workshops, students will learn:

- 1) Deep Tissue techniques to address cervical facet dysfunction, forward head posture, headaches and limitations in ease/quality/range of motion
- 2) Deep Tissue techniques to address orthopedic conditions which originate in the feet
- 3) Our "No Thumbs" Deep Tissue Massage approach
- 4) Relaxing Integrative Swedish techniques
- 5) Anatomy review and target areas for specific conditions
- 6) Active and passive stretching techniques
- 7) Core Body Mechanics for career longevity

Massage Ethics: Creating a Drama Free Practice - 3 CE

Working with other human beings in a therapeutic environment can be extremely rewarding and at times, full of strain, hassles and heartbreak. Drama is a voluntary behavior that creates negative emotions or outcomes, draining resources of time, money and harmonious relationships. In this highly engaging presentation, we will delve into 5 pillars of a "drama free" massage practice and how to apply the concepts for success in your professional and personal life. Learn how to eliminate stress in and around you!

About the Instructor: Eric Stephenson, LMT, NCTMB Director of Education- imassage, Inc.

Eric creates continuing education focused on career longevity for massage schools, spas and professional organizations, specializing in teaching Deep Tissue Massage that doesn't harm the therapist or the client. All of his workshops focus on saving your hands with his "No Thumbs!" approach & Core Body Mechanics that help prolong your career. Eric works with some of the most respected names in the wellness industry throughout the US, Canada, Asia and the Caribbean including Sandals Resorts, Elements Massage, the Wynn/Encore Las Vegas and Kamalaya Thailand. He is a former lead instructor of the Body Therapy Institute in Silk Hope, NC and The Lexington Healing Arts Academy in Lexington, KY.

His presentations have included the American Massage Therapy National Convention, The International Spa Association Conference, The World Massage Conference, Esthetique Spa International Shows and AMTA state conventions. Eric serves as the Director of Education for Elements Massage, one of the largest massage providers in the country headquartered in Highlands Ranch, CO. In addition, he is a member of the International Spa Association (ISPA) Board of Directors in Lexington, KY.

This road warrior spends 35 weeks a year presenting to audiences nationwide. In his spare time, he works on becoming the fifth member of Van Halen.

E-mail Eric: eric@imassageinc.com.

Watch Eric demonstrate a unique Deep Tissue technique @ <https://www.youtube.com/watch?v=vd12pgoM7s0>

2017 AMTA Idaho Annual Convention

Red Lion Hotel - Lewiston, ID April 27-30, 2017



Nathan Nordstrom, LMP, NCTMB
AMTA Immediate Past President

Structures Integrated for Functional Movement 8 CE

This class is arranged to look in-depth into each portion of the body. It goes through each joint's standard movements and the top dysfunctions regularly seen in the area. We then give several tools and techniques to work with the soft tissue to create pain free movement. Topics include: The Integrated Body, Back, Chest, Lower Back, Hips, Legs, Calf, Foot, Neck, Shoulder, Arms, Hands

About the instructor: Nathan is licensed in Georgia, Oregon, Washington, and Idaho state and is a Board Certified Massage Therapist and Body worker. Throughout his career he has been most well-known for his deep stabilizing treatment of soft tissue dysfunction. Having recently relocated from Savannah, Georgia, Nathan was the Therapeutic Massage Program Director at Virginia College – Savannah Georgia Campus. Nathan has been active in his professional association and is currently serving as the AMTA National President. He has assisted on committees for: AMTA, AFMTE, FSMTB, NCBTMB, and the Massage Therapy Foundation (MTF). Nathan is the husband of Mrs. Elana Nordstrom and the father of four beautiful children (just ask him).



David Otto, LMT, NCTMB

Medical Massage: Success in Hospital & Clinical Settings 6 CE

Discover how massage therapy complements medical treatments to increase comfort, improve clinical outcomes and provide wholeness in both clients and those who care for them.

Attendees will be able to:

- identify necessities for all medical massage practitioners including how to gain a foundation for working in medical settings (including hospital culture and infection control practices);
- discover how to build successful relationships with other medical professionals in clinical settings; and,
- review case studies performed and where the medical massage community is being supported nationally.

About the Instructor: David J Otto, LMT BCTMB, BA was certified as a Professional Massage Therapist at the Utah College of Massage Therapy in Las Vegas in 2001. In the 15 years since: David has worked as a licensed massage therapist with the Ritz-Carlton for 9 years in Henderson, NV. Since 2003, he continues his massage practice, Hands In Motion (Henderson/Las Vegas, NV); instructed over 450 massage therapy students at the Nevada School of Massage Therapy, Las Vegas, NV, regarding their professional development and other massage modalities over an 11-year span; in 2004, attended TMC School (Chiangmai, Thailand) for a 90-hour Traditional Thai Massage certification course; worked with Drift Spa at Palms Place (Las Vegas, NV) for 4 years as a massage therapist. David has performed over 8,000 massage therapy sessions. In 2009, David co-founded the Nevada nonprofit organization MWR Project Inc, to benefit and promote research for a cure for breast cancer through "the BIGGEST massage ever". Since 2004, he is Director of Operations at Anatriptic Arts Inc, organizing and providing massage therapy services to corporate clients and patients & employees of hospitals and clinics.

2017 AMTA Idaho Annual Convention Schedule

Times	Thurs, April 27	Fri, April 28	Sat, April 29	Sun, April 30
8:00 am		Registration Opens	Classes Begin: Feet First! OR Structures Integrated for Functional Movement	
8:30 am				Registration Opens for Ethics Only attendees
9:00 am		Classes Begin: Adv. DT Tech: Head & Neck OR Medical Massage Settings		Ethics Begins: Creating a Drama Free Workplace
12:00 noon		AMTA Annual Member Meeting: Lunch Buffett Provided	Student and 1st Timers Luncheon: Lunch Buffett Provided	Ethics Ends
5:00 pm	Meet and Greet Social @ Red Lion 5:00 pm - 8:00pm	Classes end	Classes end	
6:00 pm			Celebration Banquet for all attendees	
7:00 pm				

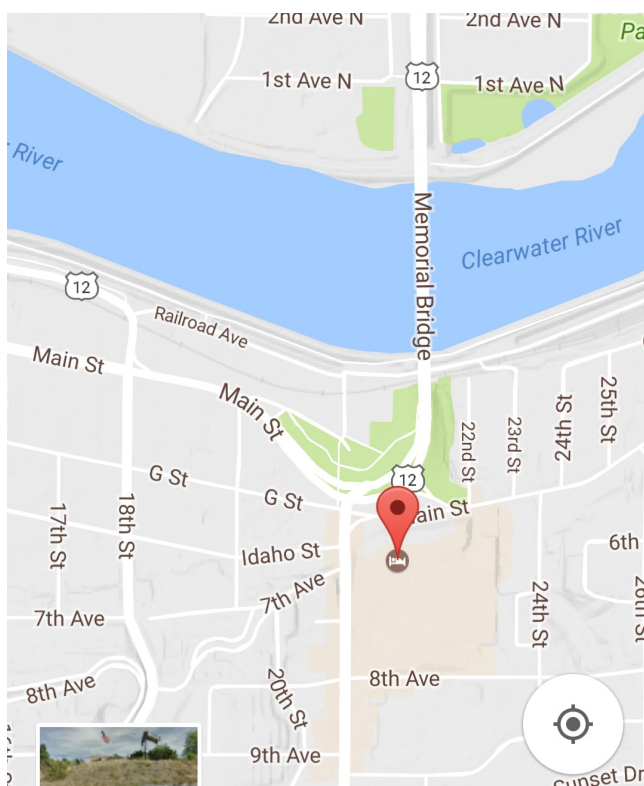
Hotel

Red Lion Hotel
621 21st Street
Lewiston, ID 83501
208-799-1000

Amenities include indoor and outdoor pool, full gym access, restaurant, quiet bar, brew pub, patio dining, free parking, free wifi, walking distance to other restaurants

Standard room rate = \$98/night + surcharges and taxes. *Rate includes breakfast buffet!*

Be sure to mention the AMTA Convention to get this rate. Room block will be held until 4/1/2017. After that date, availability cannot be guaranteed.



Registration

Online: Debit/credit accepted at www.2017amtaidaho.bpt.me

Mail: Please complete the form on page 13 of this newsletter, detach and mail with check or money order payable to "AMTA-Idaho." Address the envelope to:

Donna Hoffman
3757 Country Club Dr.
Lewiston ID 83501

Questions? Visit <http://id.amtamassage.org/events> or contact Donna at 406-210-1093 or vp2.amtaid@gmail.com

Cancellation Policy: Refund requests will be handled by the AMTA Idaho Chapter and, if approved, refund will be issued after the event has ended.

2017 AMTA IDAHO STATE CONVENTION REGISTRATION

Online: Debit/Credit accepted at <http://2017AmtaIdaho.bpt> or
Mail: Complete this form and return with payment (check or money order) payable to "AMTA-Idaho" to Donna Hoffman, 3757 Country Club Dr., Lewiston ID 83501.
 Visit www.id.amtamassage.org/events or contact Donna Hoffman, 406-210-1093 or
vp2.amtaid@gmail.com for more info.

Name:	AMTA Member Rate	Non-AMTA Member Rate	Student Rate (must be currently enrolled in a mas- sage program.)	Total
Email:	Member #		Name of School:	
Phone:	Expiration:			
Address:				
Full Convention Registration: 17 CEUs Includes: ⇒ (2) One Day Courses ⇒ Friday Luncheon ⇒ Saturday Night Banquet ⇒ Sunday Ethics Convention Dates: April 27 thru 30	Banquet Choice: (please choose one) <input type="checkbox"/> Regular <input type="checkbox"/> Vegan Friday Class Choice: <input type="checkbox"/> Deep Tissue, Head & Neck <input type="checkbox"/> Medical Mas- sage Settings Saturday Class Choice: <input type="checkbox"/> Deep Tissue, Feet & Ankles <input type="checkbox"/> Structures Integrated for Functional Move- ment Sunday class: <input type="checkbox"/> Ethics	MEMBER RATE \$329 <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>	NON-MEMBER RATE \$349 <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>	STUDENT RATE \$199 <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>
Additional Banquet Tickets	\$25 EACH (Please enter the number of total EXTRA tickets per meal choice) Regular Meal _____ Vegan Meal _____ Total Tickets ____ X \$25= ____			
Ethics Only 3 CEUs	ONLY make a se- lection here if you are NOT attending the full convention <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>	FREE! <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>	\$45 <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>	FREE! <div style="border: 1px solid black; width: 80px; height: 30px; margin: 0 auto;"></div>

Chapter Volunteer Board of Directors Changes

One of the biggest changes that came about during the National Board of Directors and Chapter Presidents meetings over the last summer and fall are that there have been some changes to the size and job titles of the state chapters' volunteer board of directors.

It seemed that several state chapters, along with Idaho, were struggling with filling all of the positions on the board. This led to challenges with establishing a quorum (50% of the board positions, filled or vacant, plus 1) for voting purposes. It also seemed to lead all volunteers into board positions instead of those equally important committee positions.

The former board titles were also a bit intimidating. Volunteers also were hesitant to become one of the vice presidents for fear they would eventually be expected to step into the presidency role. The term "treasurer" also denoted a feeling that the volunteer needed to be all but an accountant to fulfill that role, when in all actuality, the AMTA National office does all of the bill paying aspects for the chapter, as well as inputs all the financial data into our chapter's Quickbooks.

This updated structure will make it easier to fill all board positions as well as foster some volunteer efforts toward committee work.

Here's what that translates into for AMTA-Idaho's volunteer board:

Former Board Positions

President
1st Vice President
2nd Vice President
3rd Vice President
Secretary
Treasurer

New Board Positions

President
Board Member
Board Member
N/A
Secretary
Financial Administrator



UPCOMING EVENTS

AMTA-Idaho Chapter Elections: March 24th - April 7th

Idaho Licensing Board Meeting: March 27th
Boise, Idaho

2017 AMTA-Idaho State Convention: April 27th - 30th
Lewiston, Idaho

AMTA-Idaho Strategic Planning Retreat: June-To Be Announced

2017 AMTA National Convention: September: September 14th - 16th
Pasadena, California





amta
american **massage therapy** association®
— IDAHO CHAPTER —



Board Member and ECC Chair
Donna Hoffman-Lewiston



President
Becky Olinger-Lewiston



Board Member & ECC
Deserae Johnson-Boise

Note: See next page for
contact information.



Marketing Chair
Jami Slaughter-Buhl



Newsletter Editor
Kylie Dunder-Pocatello

AMTA-IDAHO VOLUNTEER ROSTER

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Board Member

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Board Member

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Secretary

Open

Financial Administrator

Open

Leadership Chair

Open

Marketing Chair

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Commission on Candidacy Chair

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ECC Committee Members

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Government Relations Chair

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Membership Chair

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Jami Slaughter (see Marketing)
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Website/Facebook Administrator

Becky Olinger
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Event Coordination Committee Chair

Donna Hoffman
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Elections Administrator

Open

Chapter WEB page

www.id.amtamassage.org

National WEB page

www.amtamassage.org



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