

Master of Massage

2019 AMTA-NY Annual Convention

April 12-14, 2019 | DoubleTree by Hilton | Tarrytown, NY



Welcome!

Message from the President

This is my personal invitation to you to join us at the 2019 AMTA-NY Chapter Convention and annual business meeting!

The convention offers a great opportunity for quality education at an affordable price. Often, that is the biggest consideration when making the decision to attend. However, convention offers other great opportunities, such as shopping at the vendor booths for unique items, taking advanced trainings taught by leaders in our industry and the opportunity to meet and talk with amazing educators. These are great values.

This year, on Thursday April 11, 2019, we are pleased to offer free education to our AMTA members.

Christine Bailor-Goodlander is teaching Ethics, 3 CEHs and Jennifer Sowle is teaching Uncommon Essential Oils, 4 CEHs. Space is limited, and it is first come, first served. So please register early if you would like to take advantage of this great opportunity.

We often forget that AMTA is a community of LMTs and that mentorship is one of the most valuable benefits of membership. For me, conversing with therapists from all over the state and sharing experiences and ideas at convention has helped me grow as a professional. No one understands the unique challenges we face as well as your fellow LMTs. Take advantage of your time together at convention, share your knowledge or pick up a few tips from your peers.

On Friday, April 12, we are hosting a complimentary lunch at our annual business meeting. You'll hear from our guest speakers and chapter leadership about the current state of our chapter and profession. You will also have a chance to hear from candidates running for chapter volunteer positions. Be sure to check out our chapter website for more information about elections!

As always, your chapter leadership is here to serve you, and we look forward to welcoming you to the 2019 AMTA-NY Chapter Convention in Tarrytown!

I look forward to seeing you there.



Nicholas J. Bodkin, LMT
AMTA-NY Chapter President

Mastery of Massage

A Word from the Convention Chair

The Convention Committee is excited to announce the AMTA-NY Chapter 2019 Convention to be held in Tarrytown, NY: Friday, April 12 – Sunday, April 14, 2019. Nestled in the Hudson Valley, Tarrytown is a quaint village known for its unique shops and great restaurants. Throughout the years, Tarrytown has become home to many AMTA-NY Chapter conventions. At this year's convention, themed "Massage Mastery", the offering of great classes and quality instructors will allow massage therapists to study a variety of modalities and new techniques. In the pursuit of massage mastery, we not only give ourselves quality of life, but we enrich the lives of our clients.

Come for a fun-filled weekend with massage therapists from all over the state. The Annual Business Luncheon is an event to learn more about the chapter business and to meet your AMTA-NY Chapter officers. Time spent at the Vendor Marketplace is an opportunity to discover new products and services. Among the highlights of the convention is the Saturday evening dinner dance that includes a DJ for a great time on the dance floor. As massage therapists gather together, there is an energy that inspires and rejuvenates us all. We look forward to welcoming you at the AMTA-NY Chapter 2019 Convention in April!



Linda Toomey, LMT
Convention Committee Chair

Schedule of Events

Thursday, April 11

CEH

9am – 12pm	Ethics (Free Class)/ Christine Bailor Goodlander (AMTA members only)	3
1 – 7pm	Convention Registration Open	
1:30 – 5:30pm	Aromatherapy: Unusual Oils (Free Class)/ Jennifer Sowle (AMTA members only)	4
3 – 7pm	Vendor Marketplace Open	
6:30 – 8pm	Board of Directors Meeting	

Multi-day Sessions

Thursday, April 11-Sunday, April 14

CEH

Lymph Drainage Therapy 1 (LDT1) – Paula Gurak, LMT April 11: 1:30 – 5:30pm April 12: 8am – 12pm, 2 – 6pm April 13: 8am – 12pm, 1:30 – 5:30pm April 14: 8:30am – 12:30pm	24
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Friday, April 12 – Sunday, April 14

Daybreak Geriatric Massage Level 1 – Sharon Puszko April 12: 8am – 12pm, 2-6pm April 13: 8am – 12pm 1:30 – 5:30pm April 14: 8:30am – 12:30pm	20
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Friday, April 12 – Saturday, April 13

Ull: CranioSacral Therapy for Concussion & Traumatic Brain Injuries – Mariann Sisco April 12, 8am – 12pm, 2 – 6pm April 13, 8am – 12pm	12
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Friday, April 12

CEH

7 – 9am	Continental Breakfast	
7am – 5pm	Convention Registration Open (Closed during Business Meeting 12-1:45 pm)	
Morning Sessions 8am – 12pm	Hand and Forearm Pain – Judith DeLany	4
	Forces that Damage Soft Tissue, Perpetuating Factors of Muscle Pain, and Soft Tissue Healing – Cynthia Ribeiro	4
	NMT Treatment and Orthopedic Assessment of the Posterior Cervicals – Jeff Mahadeen	4
10am – 12pm	Vendor Marketplace Open	
12:15 – 1:45pm	Annual Business Meeting Luncheon	
Afternoon Sessions 2 – 6pm	Anatomy as Art – The TMJ in Clay! – Judith DeLany	4
	HOPRS Methodology (History, Observation, Palpation, ROM Testing, Special Tests) – Cynthia Ribeiro	4
	NMT Treatment and Orthopedic Assessment of the Anterior Cervicals – Jeff Mahadeen	4

6:30 – 9pm	Vendor Marketplace Open
7 – 9pm	Welcome/Vendor Appetizer Reception

Saturday, April 13

CEH

7 – 9am	Continental Breakfast	
7am – 1:30pm	Convention Registration & Voting Open	
Morning Sessions 8am – 12pm	The Dynamic Foot – Judith DeLany	4
	Assessing the Upper Extremity – Cynthia Ribeiro	4
	NMT Treatment and Orthopedic Assessment of the Anterior Pectoral Girdle – Jeff Mahadeen	4
10am – 3:30pm	Vendor Marketplace Open	
12 – 1:30pm	Lunch Break (on own)	
12 – 1:30pm	Student Luncheon – Welcome to the Profession	

Saturday, April 13 – Sunday, April 14

Ull: CranioSacral Therapy for Autism – Tami Goldstein (9 CEH)		9
April 13, 1:30 – 5:30pm April 14, 8:30am – 1:30pm		
Afternoon Sessions 1:30 – 5:30pm	The Leg: The Key to a Healthy Foot – Judith DeLany	4
	Assessing the Lower Extremity – Cynthia Ribeiro	4
	NMT and Orthopedic Assessment of the Posterior Pectoral Girdle – Jeff Mahadeen	4
7pm	Dinner Dance – Banquet Dinner & Awards Ceremony	

Sunday, April 14

CEH

7:30 – 8:30am	Continental Breakfast	
8:30am – 12:30pm	The Adductors: More Important Than You Think! – Judith DeLany	4
	Pain Science and Myofascial Pain – Cynthia Ribeiro	4
	NMT Treatment and Orthopedic Assessment of the Rotator Cuff – Jeff Mahadeen	4
10am – 1pm	Vendor Marketplace Open	
1pm	Convention Concludes: Submit Convention Evaluations	

Class Course Descriptions

Multi-Day Sessions

April 11: 1:30 – 5:30pm

April 12: 8am – 12pm, 2 – 6pm

April 13: 8am – 12pm, 1:30 – 5:30pm

April 14: 8:30am – 12:30pm



Lymph Drainage Therapy 1 (LDT1) (24 CEH)

Instructor: Paula Gurak, LMT

Must attend all classes to receive the 24 CEH.

Lymph Drainage Therapy is a cutting edge hands-on method of lymphatic drainage developed by Bruno Chikly, MD, DO.

LDT1 takes traditional lymph drainage techniques and adds a level of precision. LDT is the first technique that enables practitioners to detect and palpate the specific rhythm, direction, depth and quality of the lymph flow anywhere in the body. Skilled practitioners with developed listening skills can practice Manual Lymphatic Mapping (MLM) of the lymphatic vessels.

LDT practitioners use their hands to assess and enhance overall circulation as well as determine the best alternate pathways for draining stagnant body fluid (lymph, interstitial, synovial fluid, etc...). Therapists work with flat hands, using all the fingers to simulate gentle, specific wave-like movements. This is a hands-on class, please bring your table, sheets and lubricant.

April 12: 8am – 12pm, 2 – 6pm

April 13: 8am – 12pm, 1:30 – 5:30pm

April 14: 8:30am – 12:30pm



Daybreak Geriatric Massage Level 1 (20 CEH)

Instructor: Sharon Puszko

Must attend all classes to receive the 20 CEH.

This weekend workshop is the basis of Daybreak Institute's training program in Geriatric Massage. It offers 20 CE hours for massage therapists and qualifies for the Level 1 Certificate in Geriatric Massage. By helping participants to gain insight into meaningful work with the elderly, the therapist who likes to work with seniors is put on the path to a massage career that is emotionally satisfying without being physically draining. This is a hands-on class, please bring your table, sheets and lubricant.

April 12: 8am – 12pm, 2 – 6pm

April 13: 8am – 12pm



Ull: CranioSacral Therapy for Concussion & Traumatic Brain Injuries (12 CEH)

Instructor: Mariann Sisco

Must attend all classes to receive the 12 CEH.

The use of the terms "concussion," "post-concussion syndrome" (PCS) and "traumatic brain injury" (TBI) have increased in the lexicon of health care practitioners and laypeople. In minor league, amateur and professional sports, we see an increased frequency in the diagnosis of concussion injury, as well as the detailed quantification of its accompanying signs and symptoms. The focus of medicine has been to detect and diagnose with the current treatment being watching and waiting unless surgery is required. As clarification of the mechanisms of injury and the structures involved continues to develop, employing a manual technique capable of accessing and addressing the vascular, structural and neurological tissues of the brain has surfaced as being an appropriate treatment modality. In particular, the techniques of Upledger CranioSacral Therapy, a gentle and precise manual therapy, can be applied with the intention of addressing three main areas of consideration in this type of injury: the cerebrospinal fluid and venous sinus systems; the cranial bones and attached intracranial membrane system; and the autonomic nervous system. This is a hands-on class, please bring your table, sheets and lubricant.

There are no prerequisites for this class such as CST1.



Friday, April 12

Morning Sessions • 8am – 12pm



Hand and Forearm Pain (4 CEH)

Instructor: Judith DeLany

Discussions include the anatomical 'language' and a variety of pathologies and dysfunctions, including carpal tunnel syndrome, claw hand, trigger-thumb, trigger points and more! The complex anatomy is simplified through great graphics and excellent instruction.

Attendees can give and receive during a hands-on trade of the NMT treatment protocol and personally benefit during the course. This is a hands-on class, please bring your table, sheets and lubricant.



Forces that Damage Soft Tissue, Perpetuating Factors of Muscle Pain, and Soft Tissue Healing (4 CEH)

Instructor: Cynthia Ribeiro

The focus of this class is to familiarize manual therapists with the process of soft tissue healing and the importance of this information to determine the appropriate techniques to support rehabilitative goals. You will learn how muscles, nerves, ligaments, vascular tissue, and fascia progress through the healing process. This is a lecture class, a table is not required.



NMT Treatment and Orthopedic Assessment of the Posterior Cervicals (4 CEH)

Instructor: Jeff Mahadeen

Come and discover the effectiveness of Neuromuscular Therapy through exploration of the posterior pectoral girdle musculature. Include Orthopedic Assessment and anatomy/physiology of the pectoral girdle muscles. Neuromuscular Therapy is a comprehensive program of soft tissue manipulation techniques that balance the central nervous system with the musculoskeletal system. Clients who suffer from acute to chronic pain resulting from occupational, sports and/or automobile injuries, can greatly benefit from receiving NMT treatments. This is a hands-on class, please bring your table, sheets and lubricant.



Afternoon Sessions • 2–6pm



Anatomy as Art - The TMJ in Clay! (4 CEH)

Instructor: Judith DeLany

This course may change your perspective on studying anatomy while exploring the muscles we use to talk, chew and swallow. Ever wonder just how the tongue influences speech and swallowing? Understanding its construct may help you to work with intraoral conditions, such as speech pathologies, tongue-thrust and reverse swallowing. An entertaining Powerpoint™ presentation, coupled with Judith's clay sculpting of the TM joint muscles and tongue, will prove to be valuable to your intellect as well as introduce treatment strategies. Video clips will show intraoral treatment of selected temporomandibular joint muscles to increase ROM and the muscles of the tongue. Attendees will be guided through a self-palpation of landmarks, musculature and intraoral treatment. This is a hands-on class, please bring your table, sheets and lubricant.



HOPRS Methodology (History, Observation, Palpation, ROM Testing, Special Tests) (4 CEH)

Instructor: Cynthia Ribeiro

Injury evaluation is an essential skill for any manual therapist. Having the ability to critically consider our clients' signs and symptoms to choose the appropriate strategy indicated in the stages of healing and taking into consideration the injured structures and the severity of trauma. This knowledge prepares the manual therapist to understand their role within a collaborative healthcare team. The HOPRS process is designed to help therapists identify the problems and limitations of a client's condition. Naming the condition is secondary to identifying the problems because treatment is dictated by signs and symptoms. This is a lecture class, a table is not required.



NMT Treatment and Orthopedic Assessment of the Anterior Cervicals (4 CEH)

Instructor: Jeff Mahadeen

Come and discover the effectiveness of Neuromuscular Therapy through exploration of the anterior cervical musculature. Include anatomy/physiology and Orthopedic Assessment of the cervical muscles. Neuromuscular Therapy is a comprehensive program of soft tissue manipulation techniques that balance the central nervous system with the musculoskeletal system. Clients who suffer from acute to chronic pain resulting from occupational, sports and/or automobile injuries, can greatly benefit from receiving NMT treatments. This is a hands-on class, please bring your table, sheets and lubricant.



Lecture Class



Hands-on session-please bring a massage table, sheets, and lubricant.

Saturday, April 13

Morning Sessions • 8am – 12pm



The Dynamic Foot (4 CEH)

Instructor: Judith DeLany

Our bodies are challenged to deal with gravity every day. Excessive demands on the musculoskeletal system result in adaptation, compensation and decompensation. Structural changes often begin with collapse of the plantar vault of the foot, which frequently produces chronic body-wide consequences. This course will focus on the muscles of the foot and on useful strategies to deal with dysfunctional gait mechanics brought on by structural collapse, the close environment (such as shoes) and habits of use. Intrinsic foot anatomy, movements of the foot during gait, assessment of the plantar vault, navicular drop test, and single leg stance tests are some of the included topics. This is a hands-on class, please bring your table, sheets and lubricant.



Assessing the Upper Extremity (4 CEH)

Instructor: Cynthia Ribeiro

We will utilize HOPRS Methodology (History, Observation, Palpation, ROM Testing, Special Tests) to differentiate between nerve issues, joint dysfunction, and myofascial pain and dysfunction in relation to typical upper extremity pathologies, i.e. Brachial Plexus impingement, Carpal Tunnel Syndrome, de Quervain's Disease, Lateral and Medial Epicondylitis, and shoulder impingement syndromes. This is a lecture class, a table is not required.



NMT Treatment and Orthopedic Assessment of the Anterior Pectoral Girdle (4 CEH)

Instructor: Jeff Mahadeen

Come and discover the effectiveness of Neuromuscular Therapy through exploration of the anterior pectoral girdle musculature. Include anatomy/physiology and Orthopedic Assessment of the pectoral girdle muscles. Neuromuscular Therapy is a comprehensive program of soft tissue manipulation techniques that balance the central nervous system with the musculoskeletal system. Clients who suffer from acute to chronic pain resulting from occupational, sports and/or automobile injuries, can greatly benefit from receiving NMT treatments. This is a hands-on class, please bring your table, sheets and lubricant.

Afternoon Sessions • 1:30 – 5:30 pm



The Leg: The Key to a Healthy Foot (4 CEH)

Instructor: Judith DeLany

The leg occupies the space between the knee joint and the ankle joint and is often overlooked in its multifaceted role in foot motion. This course will consider the consequences of dysfunction of the extrinsic muscles of the foot and their role in foot pathologies and in gait dysfunction. The calf muscles, when healthy, are each uniquely involved in foot motion and mechanics. Unfortunately, when unhealthy, the consequences are far-reaching and often cause musculoskeletal issues in distant regions of the body. We will study the musculoskeletal, neural and vascular anatomy of the three compartments of the leg. This is a hands-on class, please bring your table, sheets and lubricant.



Assessing the Lower Extremity (4 CEH)

Instructor: Cynthia Ribeiro

We will utilize HOPRS Methodology (History, Observation, Palpation, ROM Testing, Special Tests) to differentiate between nerve issues, joint dysfunction, and myofascial pain and dysfunction in relation to typical lower extremity injuries, i.e. plantar fasciitis, Morton's Neuroma, Tarsal Tunnel Syndrome, Chondromalacia Patella, and differentiating between meniscus and ligamentous injuries of knee. We will also learn to differentiate whether the sciatic nerve dysfunction is related to L4-L5, L5-S1, HNP, SI dysfunction, or piriformis syndrome. This is a lecture class, a table is not required.



NMT and Orthopedic Assessment of the Posterior Pectoral Girdle (4 CEH)

Instructor: Jeff Mahadeen

Come and discover the effectiveness of Neuromuscular Therapy through exploration of the posterior pectoral girdle musculature. Include Orthopedic Assessment and anatomy/physiology of the pectoral girdle muscles. Neuromuscular Therapy is a comprehensive program of soft tissue manipulation techniques that balance the central nervous system with the musculoskeletal system. Clients who suffer from acute to chronic pain resulting from occupational, sports and/or automobile injuries, can greatly benefit from receiving NMT treatments. This is a hands-on class, please bring your table, sheets and lubricant.

April 13: 1:30 – 5:30pm | April 14: 8:30am – 1:30pm



Ull: CranioSacral Therapy for Autism (9 CEH)

Instructor: Tami Goldstein

Must attend all classes to receive the 9 CEH.

This course will provide education about Autism and tools for effective therapy: education on how different touch modalities such as Upledger CranioSacral Therapy address sensory systems in the body, and how understanding a particular child's presentation of their disability can lead to successful and therapeutic therapy sessions. This is a hands-on class, please bring your table, sheets and lubricant.

There are no prerequisites for this class such as CST1.

Sunday, April 14

Sessions • 8:30am – 12:30pm



The Adductors: More Important Than You Think! (4 CEH)

Instructor: Judith DeLany

This course will address a series of muscles located in the inner thigh – the adductors. This class highlights the need to address the inner thigh for its relationship to physical issues ranging the full length of the body, from head to toes. Regional anatomy will be covered, including skeletal and muscular components, as well as neural, vascular and lymphatic structures. Three different body positions will be used (supine, side-lying, prone), with discussion of pros and cons for each position. With an aim to define “appropriate touch”, clear communication, correct hand placement and the use of eye contact will be emphasized in order to make the recipient at ease while receiving treatment in what is usually considered a very personal area. This is a hands-on class, please bring your table, sheets and lubricant.



Pain Science and Myofascial Pain (4 CEH)

Instructor: Cynthia Ribeiro

“Chronic or persistent pain conditions are the most common cause of disability at an annual cost greater than \$650 billion in healthcare and lost employment in the United States alone. The economic costs associated with chronic pain outpace the combined costs from diabetes, cancer, and heart disease. Chronic pain leads to more deaths than motor vehicle accidents.”

This class will cover the latest pain models including the role of myofascial pain in chronic/persistent pain; additionally we will discuss the role of neuromuscular therapy to resolve trigger points that could be the primary condition in the absence of tissue damage and underlying medical conditions. This is a lecture class, a table is not required.



NMT Treatment and Orthopedic Assessment of the Rotator Cuff (4 CEH)

Instructor: Jeff Mahadeen

Come and discover the effectiveness of Neuromuscular Therapy through exploration of the rotator cuff musculature. Include anatomy/physiology and corrective patterns of the rotator cuff muscles. Neuromuscular Therapy is a comprehensive program of soft tissue manipulation techniques that balance the central nervous system with the musculoskeletal system. Clients who suffer from acute to chronic pain resulting from occupational, sports and/or automobile injuries, can greatly benefit from receiving NMT treatments. This is a hands-on class, please bring your table, sheets and lubricant.



Volunteers Needed!

If you are interested in donating your time, skills and expertise, there are a variety of volunteer opportunities available at Convention 2019. We appreciate your help!

If interested, please contact:
585-582-6208 or
e-mail: office@amta-ny.org



Lecture Class



Hands-on session-please bring a massage table, sheets, and lubricant.

Instructor Bios



Sharon Puszko, PhD, LMT, Owner, Director, Educator

Sharon is a graduate of the University of California with a major in Education. After teaching Biology and English internationally in Europe, Asia, Central America, and the Eastern United States, Sharon made a career change into the wellness field in 1986. She attended massage school in Northern California and then graduated from the Pittsburgh School of Massage Therapy and Healthbuilders School of Massage Therapy in Saint Augustine, FL. Along with overseeing the function of Daybreak Geriatric Massage Institute, she has a private practice and does volunteer Hospice work. She travels extensively throughout the U.S. and internationally teaching the Day-Break Geriatric Massage Level 1 & 2 workshops in massage schools and community colleges.



Jeff Mahadeen LMT, Certified Structural Integrator, NCBTMB Educator

Jeff is the owner of The Muscular Wellness Institute and Treatment Center. Since 1998, Jeff has been teaching and developing curriculum for various schools across the country. Soft Tissue Manipulation/ Musculoskeletal Education is his area of specialty. Jeff was one of the heads of the committee which in 2006 created and wrote the MBLEX federal massage licensing exam, and he was involved with the FSMTB in the writing of national criteria for CE providers. Jeff's dedication to the field of education has been recognized by various organizations throughout the massage and therapeutic professions. Jeff's writing has been published by Massage Magazine and the AMTA Journals. "My goal is to offer high quality in-depth education to therapists and bodyworkers that are looking to raise their bar and to enhance the level of the bodywork profession".



Cynthia Ribeiro

Cynthia came to the United States from Brazil, where she had attained a degree in Physical Education and studied Surgical Nursing. In the U.S., she graduated from two massage schools, and now specializes in Neuromuscular Therapy and Orthopedic Massage. A highly dynamic teacher, she has taught advanced anatomy and injury rehabilitation skills since 1988. Her Advanced Neuromuscular Therapy workshops are in high demand throughout U.S. and Canada. In 2003, she was appointed Honorary Clinical Professor at the University of California Irvine Medical School. In 2012, she became National President for the AMTA. In 2017, she was selected as National Teacher of the year and received the Jerome Perlinski, Teacher of the Year Award. A continual inspiration to her students, she nevertheless says, "I am always a student myself, and I strongly believe in lifelong learning."



Judith DeLany

Judith DeLany is a dynamic presenter who has spent over three decades developing NMT techniques and course curricula for manual practitioners. She has co-authored five NMT textbooks (with Dr. Leon Chaitow) and spearheaded a 3D Anatomy software project for massage and manual therapies (Primal Pictures). Her professional focus aims to advance education in all health care professions to include myofascial therapies for acute and chronic pain syndromes.



Mariann Sisco PT, CST-D

Mariann is a physical therapist of 35 years. In addition to maintaining a private practice, Mariann is a Certified Instructor for the Upledger Institute teaching CranioSacral Therapy internationally.

She also shares her knowledge of Visceral Manipulation as a Certified Presenter for the Barral Institute. Mariann's experience also includes serving as a staff clinician working alongside Dr. Upledger at the Upledger Healthplex Clinic in Florida. Mariann applies her expertise utilizing manual therapy for patients who have not responded to traditional medicine. Mariann's broad range of clinical experience, post graduate education and entertaining teaching style make her a sought after instructor in both the clinical and classroom settings. Mariann was awarded the first ever "Clinical Educator of the Year" by the University of New Mexico Physical Therapy School. Mariann is also an examiner for CST Techniques Certification program.



Tami Goldstein

Tami is an approved CEU provider through NCBTMB for Applications of Upledger CranioSacral Therapy Massage & Bodywork for Autism.

She is also an International award winning author of "Coming through the Fog" an autism recovery story.

Other accomplishments:

- Contributing author in Cutting Edge Therapies for Autism.
- Fourteen plus years' experience, autism advocate, speaker, educator & facilitator for CST to individuals with autism.
- 2018 World Massage Festival Hall of Fame inductee.



Paula Gurak

Paula comes with over 20 years of experience as a therapist and teacher. She began her journey in the lymphatic world in 1999 when she took her first Lymph Drainage Therapy 1 course.

After several years in private practice, her passion for Lymph Drainage and its benefits, led her into the teaching arena. She became an instructor in 2007 and has taught Lymph Drainage Therapy for the Upledger Institute, the International Alliance for Healthcare Educators and the Chikly Health Institute.

She and her husband have three grown children and reside in Colorado with their dog where they enjoy the great outdoors year round.

Thank You Sponsors



Lodging Information



To secure lodging, contact:

Double Tree

by Hilton Hotel Tarrytown

455 S Broadway

Tarrytown, NY 10591

914.631.5700

or

reserve online at

www.tarrytown.doubletree.com

and enter the group code **AMT**.

Room Rates

Standard & Jr. Suites

\$157.00

Be sure to mention the AMTA-NY Convention for the special rate! Please note that after the cut-off date of March 17, 2019, the above room rates are subject to change.

Check-in time is after 3pm

Check-out time is 12pm

AMTA-NY offers rigorously vetted continuing education to grow your practice and your skill set. Practice new techniques in a hands-on course, or broaden your knowledge with courses on business, research and ethics.

Continuing Education Credit

NYS Continuing Education Law requires 36 hours of continuing education every 3 years beginning with your first re-registration. (Same as NY registration period.)

AMTA is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education approved provider. All courses are submitted for state CE, if appropriate. Visit amtamassage.org for current approvals by state.

AMTA-NY

2018-2019

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TODAY**

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REGISTER TODAY

www.amtany.org

Look for the link on the home page
for convention information.



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