



the trained touch



IN THIS ISSUE::

Check out all the great news in this issue of The Trained Touch

- Upcoming Fall Conference

Registration begins August 13

- Self Care in the Summer

Voting Board Member Tonia McGeorge shares her how tos to survive summer.

- Spotlights

Learn about our member spotlights and Meet Your Board!

Fall 2025 Education:

Dr. Joe Muscolino

Our chapter is very excited to know announce your fall educator is Dr. Joe Muscolino. He will be teaching 2-Day Clinical Orthopedic Manual Therapy - Regional Approach -Low Back and Pelvis

Full event info available on our website
<https://sd.wp.amtamassage.org/upcoming-events/education-information/>

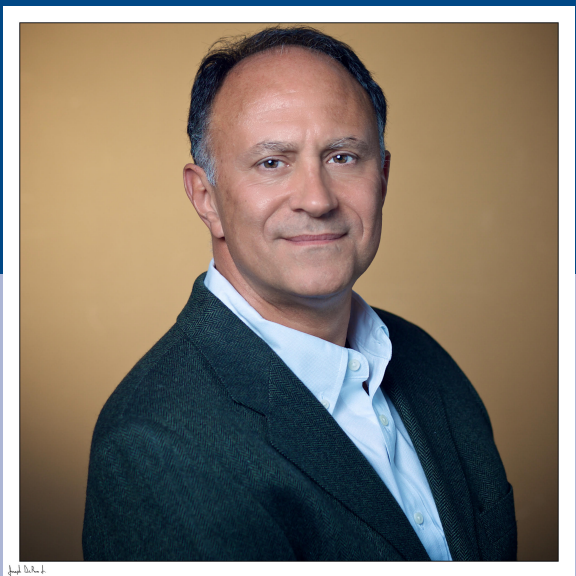
Or Learn more on pages 3 and 4.

Quick Tips:

Learn about all things amta South Dakota Chapter

Visit our website to learn about all things **amta South Dakota**.





About Joe

Dr. Joe designs his coursework to teach therapists to critically think so that they are empowered to creatively employ their hands-on assessment and treatment skill sets.

Biography

Dr. Joe Muscolino developed LearnMuscles with the mission of providing a unique curriculum for manual therapists and movement professionals, sharing his four decades of knowledge and insight. Offering both practitioners and students training in what he wishes had been available during his early years – the integration of fundamental anatomy and physiology with critical thinking manual and movement therapy skills.

Dr. Joe Muscolino

Clinical Orthopedic Manual Therapy -
Regional Approach -Low Back and Pelvis
16 CEUs

Course Description

Clinical Orthopedic Manual Therapy (COMT) for the Low Back and Pelvis is a 2-day hands-on workshop that covers assessment and treatment techniques for the lumbosacral region. We workshop orthopedic assessment testing, palpation assessment, effective methods for deep tissue massage; and stretching, from beginner to intermediate to advanced neural inhibition and arthofascial stretching techniques. All content is taught from the perspective of critical thinking to empower the therapist to creatively employ their hands-on skill sets.

Information

- Visit Joe's website to learn more about him and his teachings.
- Visit <https://learnmuscles.com/>

2025 FALL CONFERENCE REGISTRATION

Opens 8/13/25
Closes 9/14/25



Register Here

SD-AMTA 2025 Fall Conference

*2-Day Clinical Orthopedic Manual Therapy - Regional Approach -
Low Back and Pelvis*

October 24-25th, 2025

CLASS SCHEDULE

FRIDAY, OCT 24TH, 2025

8:00 am to 8:30 am - Check-In,
Registration (Sign In) and Welcome

8:30 am to 9:00 am - Welcome,
Introduction to members,
Housekeeping Information, "
Pledge of Allegiance", Introduction
to Dr. Joe Muscolino

9:00 am to 12:30 pm - Presentation
of Clinical Orthopedic Manual
Therapy

12:30 pm to 2:00 pm - LUNCH

2:00 pm to 5:30/6:00 pm -
Presentation of Clinical Orthopedic
Manual Therapy

SATURDAY, OCT 25TH, 2025

8:00 am to 8:15 am Group Photo

8:30 am to 12:30 pm - Presentation of
Clinical Orthopedic Manual Therapy

12:30 pm to 2:00 pm - LUNCH

2:00 pm to 5:30/6:00 pm- Presentation of
Clinical Orthopedic Manual Therapy

5:30/6:00 pm - Closing remarks /
Dismissal / Sign-Out / Hand out of
surveys and Certificates

Summer Wellness, One Massage at a Time



The warmth of summer invites us all to slow down, soften our schedules, and savor moments of restoration. As temperatures rise and routines shift, it's the perfect time to reconnect with your body's needs, and serve our guests and selves by spotlighting treatments that not only soothe tension but also cool and revitalize. From chilled compresses and mint-infused oils to aloe-rich hydration for sun-exposed skin, every detail is designed to support a summer rhythm.

Remember: wellness isn't just about recovery—it's about celebration. So treat yourself to the rituals that make summer shine a little brighter. You can make it easy to prioritize self care, one session at a time.

Here's to staying grounded, radiant, and fully present this season.

Whether you're easing travel fatigue, refreshing after time outdoors, or simply taking a well-deserved pause, we can tailor massage experiences to bring balance and ease, and also remember to get one ourselves!



Cooling Regards!

Tonia McGeorge
Licenced Massage Therapist
amta SD Voting Board Member 2
amta Co-Chair, Government Relations
amta Awards and Nominations chair

Board Members

amta President :Amber Rassmussen



Current City: Rapid City, SD

How long in current position: 1 year

Previous Positions Held:

Financial Administrator- 2 years

Voting Board Member - 4 Years

Secretary: Melissa Hasse



Current City: Rapid City, SD

How long in current position: Secretary 24-26 term

Previous Positions Held: NA

Voting Board Member: Tonia McGeorge



Current City: Ipswich, SD

How long in current position: 1 year

Previous Positions Held: Delegate 2021-2025



amta South Dakota

2025-2026

Board Members

Lexi Van Wyhe-Financial Administrator



Current City: Sioux Falls, SD

How long in current position: 1 year

Previous Positions Held: Voting Board Member 2023-2025

Teresa Lienau- Voting Board Member



Current City: Piedmont, SD

How long in current position: First Year

Previous Positions Held: Volunteer At Large

Chapter Volunteers



Christine Ellwein
Membership



Bree Damm
Education Chair



Jenna Williams
Communications Chair

Current City: Pierre,
SD

Current Position Held:
3 Years

Previous Positions:
-Chapter President

Current City: Lake
Norden, SD

Current Position Held:
4 Years

Previous Positions:
Benevolence Chair

Current City: Warner,
SD

Current Position Held:
9 Years

Previous Positions:
NA

Chapter Volunteers



Stacy Sprengler
Delegate



Tami Schumacher
Government Relations



Patricia Bleeker
Historian

Current City:
Aberdeen, SD

Current Position Held:
First Years

Previous Positions:
Benevolence Chair
2014-2018.

Current City: Ipswich,
SD

Current Position Held:
3 Years

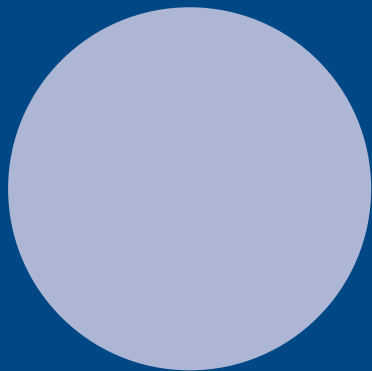
Previous Positions:

Current City: Mitchell,
SD

Current Position Held:
10+ Years

Previous Positions:

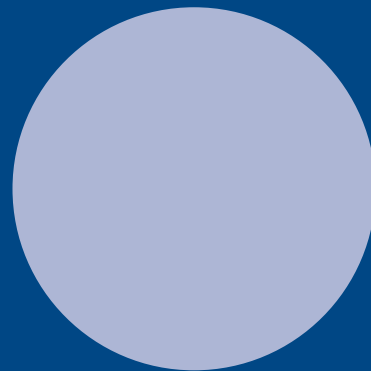
Chapter Volunteers



VACANT
Volunteer At Large



Tonia McGeorge
Awards Chair



This Could Be You!

Let a board or volunteer member know if yo're interested in this position! Or to do any volunteering

From: Ipswich, SD

See Voting Board Member for pervoius position info.

We are always looking for volunteers to help with events or to work with our Chapter Board.

Keep watch for Elections to see what positions will be open coming this spring.

Volunteer Spotlight:

Stacy Sprengeler



Meet Stacy Sprengeler

AMTA SD Delegate 2025

Who are you?

Stacy Sprengeler lives in Aberdeen with her husband: Adam, she has 3 children: Riley, Rayna and Luke. Sprengeler has been an AMTA Member for 15 years.

What is your why?

Stacy's main reason for volunteering is that the members and board have always been very welcoming; as well as she likes to be involved, while trying to help make the SD AMTA Chapter better.

Stacy also tries to get in as much in person continuing education classes as she can, she feels it is important to connect with therapists from other chapters and learn from others, she says.

Never stop learning"! Sprengeler is a busy full time mom, so her sneak away hobbies are concerts, rodeos, horseback riding and going to her church women's life group.

PERSONAL MOTTO:

Be the reason someone smiles today!

Member Spotlight

Carrie Christopherson



Name: Carrie Christopherson

City: Pierre

Family: NA

How long have you been doing massage?

NA RN and do some energy work

How long have you been an AMTA Member? (please list any volunteer positions you may have held and/or currently hold):

NA was invited to attend through a friend Christine Ellwein

What have been/is your favorite memory as an AMTA Member?

The reflexology class was my first time attending. Enjoyed the class

What got you interested/started in Massage Therapy?

Have been interested in reflexology techniques and the body mapping practice was so helpful

What is your favorite technique?

I really enjoyed the relaxation techniques and the body mappy practice was so helpful

What is your biggest challenge as a therapist?

Time to practice holistic alternative therapy

What is your best memory of being a massage therapist?

NA

What would you tell new people coming into massage therapy?

It is a rewarding practice

What are your hobbies and other interests?

Spiritual and alternative healing modalities

Is there anything else you would like to share? (Something nobody knows about you or would be surprised to know about you):

Very grateful for the invitation and opportunity to attend the reflexology class.



spring 2025



spring 2025



spring 2025

CALENDAR OF EVENTS

2025-2026

7/30/2025

Summer Edition of The Trained Touch available in your
Inbox/Online

08/13 to 10/15

Fall Conference begins 8/13 and goes until 9/14

8/19/2025

Volunteer Leadership Conference (VLC)
– Dallas, TX

8/20-8/23

AMTA 2025 National Convention
In Dallas, TX

10/23/2025

amta Board Meeting @ Crossroads Hotel in Huron, SD
10/24 & 10/25 2025

Fall Conference: Joe Muscolino – Huron, SD
16 credits (Clinical Orthopedic Manual
Therapy-Regional Approach-Low Back & Pelvis)

10/25/2025

Post-Closing Meeting Wrap-Up

12/30/2025

Deadline for Newsletter Articles for the “Winter Edition”
to Jenna

2026

1/19/2026

Winter Edition of The Trained Touch available in you
inbox/online

For all AMTA SOUTH DAKOTA Chapter
Information and Updates follow us on social
media.

Website: sd.wp.amtamassage.org

Facebook : amtaSD

Instagram: amtaSouthDakota