

amta american massage therapy association

new york chapter

Message from the President

AMTA is an organization that is built to serve the members. The most significant way we do that is to subsidize education and events so that they are affordable while offering high quality courses to the industry. AMTA-NY has an even higher standard to achieve because NY requirements for education – just for licensing – are more than 48 other states. Therefore, the continuing education courses NY offers its members need to be superior.

The NY Board Members and Committee Chairs would like to invite you to the 2023 Convention in Syracuse May 5-7, 2023. The Convention and Education Committees have worked hard with CLA Management in putting a slate of educators together that will satisfy your CE hours needed. We are excited to give you information that will help enhance your practice while surrounding yourself with like-minded people.

In addition, this year we are placing a special emphasis on community, networking, and camaraderie for the members in the eight different regions of the state. Come and meet other therapists, not only from around the state, but most importantly, from your own region. Building a community is never easy, but we'll identify other members from your region making it easy for you to talk and network with them... at lunch, in class, while shopping and at dinner.

Come and meet the board members and the committee chairs, find out what we do, and find out how you can become part of the AMTA-NY team that keeps our chapter moving forward. We were fortunate to meet our current Education and Communications Chair through last years' convention, as well as one of our delegates. Good things and people come from our AMTA-NY Conventions!

It all starts with hello. So come to Syracuse and say hi... Introduce yourself to your chapter leaders, to your industry colleagues and to those in your own community that you may not yet know. WE ARE AMTA!

Sincerely,



Donald Goodale
President, AMTA-NY Chapter

Message from the Convention Committee Chair

The 2023 AMTA-NY state convention will be held on May 5-7, 2023, in Downtown Syracuse, NY. This year's Convention theme: "Touch of Inspiration" is perfectly named as we unite and learn from one another. Every therapist has an origin story, and there will be many opportunities to share yours. What made you want to be a massage therapist? What motivates you and keeps you seeking information? Find your purpose as you reach out and connect with friends and other therapists.

This year's list of education includes a 20-hour Myoskeletal Alignment Techniques (MAT) certification from Nathan Fay representing Eric Dalton's Freedom From Pain Institute, and Upledger's 24 credit hour Craniosacral Level 1 Certification. There are also classes for many modalities including several 4- and 8-hour classes to choose from that are either hands on or lecture format.

There will be hands on learning, networking events and our annual business luncheon held on Friday. On Saturday night come together and celebrate at the awards banquet and a dance that is all included with your full conference purchase.

This will be an exciting experience as we come together to celebrate all things that inspire us as a community of Health Care Providers. I look forward to seeing you in Syracuse, NY in May.

Sincerely,



Shania Sonneville,
Convention Committee Chair



2023 AMTA-NY ANNUAL CONVENTION

Schedu	ule of	f Events
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Thursday, May 4		CEH
8:30 –10:30am	Board of Directors Meeting	
1 – 5:30pm	Convention Registration Open	
3 – 7pm	Vendor Marketplace Open	

Multi-day Sessions Friday, May 5-Sunday, May 7

7: 8:30am-12:30pm

CST1: CranioSacral Therapy 1 / Instructor: Karyn Quraishy (24 CEH) 24 May 5: 8am-12pm; 2-6pm | May 6: 8am-12pm; 1:30-5:30pm | May 7: 8:30am-12:30pm; 1:30-5:30pm

Myoskeletal Alignment Techniques / Nathan Fay (20 CEH) 20 May 5: 8am-12pm; 2-6pm | May 6: 8am-12pm; 1:30-5:30pm | May

CEH

CEH

Friday, May 5

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7 – 9am	Continental Breakfast (vendors may be open during this time)	
7am – 5pm	Convention Registration Open (Closed during Annual Business Meeting Luncheon 12-1:45 pm)	
All Day Class Sessions 8am-12pm; 2-6pm	COVID: Understanding the Infection, Long COVID, And the Massage Therapy Adaptations / Kim Corpus	8
	Introduction To Clinical Massage Therapy / Nicole Miller	8
Morning Sessions 8am – 12pm	The Foot and Ankle/George Russell	4
10am – 12pm	Vendor Marketplace Open	
12:15 – 1:45pm	Annual Business Meeting Luncheon	
Afternoon Sessions 2 – 6pm	The Ribcage and Breathing / George Russell	4
	Getting Comfortable with the Anterior Neck / Scott Raymond	4
6 – 9pm	Vendor Marketplace Open	
7 – 9pm	Welcome/Vendor Appetizer Reception	

Saturday, May 6

7 – 9am Continental Breakfast (vendors may be open during this time)
 7am – 1:30pm Convention Registration

Saturday, May 6		CEH
Morning Sessions 8am – 12pm	The Spirit of Anatomy, part 1: Grounding, Locomotion, The Legs, and the 1st Chakra / George Russell	4
	Getting Comfortable Working with the Shoulder Girdle / Scott Raymond	4
	Modern Prenatal Massage for Todays Pregnancy / Kim Corpus	4
	Introduction to Clinical Massage for the Veteran Patient / Nicole Miller	4
10am – 3:30pm	Vendor Marketplace Open	
12 – 1:30pm	Lunch Break (on own)	
Afternoon Sessions 1:30 – 5:30pm	The Iliospoas/ George Russell	4
	Introduction to Pelvic Bowl Pain and Disorders for the Massage Therapist / Scott Raymond	4
	Introduction to Oncology Massage: Dispelling Myths and Preparing Practitioners / Ericka Clinton	4
	Introduction to Clinical Massage for the Patient who Lives with Anxiety & Depression / Nicole Miller	4
7 – 11pm	Dinner Dance – Banquet Dinner & Awards Ceremony	

Sunday, May 7 CEH Continental Breakfast 7:30 - 8:30am Shake, Rattle and Roll: Augmenting 4 Swedish Massage / George Russell The Art and Science of Gua Sha / 4 Scott Raymond Morning Competency and Compassion: Working 4 Sessions with Special or Vulnerable Populations / 8:30am - 12:30pm Ericka Clinton Introduction to Clinical Massage for the 4 Patient that Lives with Substance Use Disorder(s) / Nicole Miller 10am – 1pm Vendor Marketplace Open Convention Concludes: Please complete 1pm your convention evaluation

Class Course Descriptions

Multi-Day Session

CS1: CranioSacral Therapy 1: Assessment of **Central Nervous System and Fascia for Full Body Treatment Protocol (24 CEH)**

Instructor: Karyn Quraishy

May 5: 8am-12pm | 2-6pm

May 6: 8am-12pm | 1:30-5:30pm

May 7: 8:30am-12:30pm

1:30-5:30pm

This course will introduce you to the anatomy and physiology of the CranioSacral System through our practical hands-on "learning by discovery" method. You will learn advanced palpatory skills, fascial and soft tissue release techniques, and a concise 10-step protocol for evaluation and treatment of the entire body via the CranioSacral System.

This is a hands-on class, please bring your table, sheets and

Class size limited to 40. Due to the advanced nature of the class, you must be a licensed therapist to participate. Massage therapy students cannot register for this class.

Pre-Study: The required reading before this course is Chapters 1-6 in CranioSacral Therapy (CSTI) and Your Inner Physician and You (IPAY).



Myoskeletal Alignment Techniques (20 CEH) Instructor: Nathan Fay

May 5: 8am-12pm | 2-6pm

May 6: 8am-12pm | 1:30-5:30pm

May 7: 8:30am-12:30pm

Discover new approaches to treating neck cricks, thoracic outlet, sciatica, low back pain and sport injuries based on the foundational work of Erik Dalton's Mysokeletal Alignment Technique (MAT). Students will learn: head and neck pain routines, how to relieve back and SI joint pain, new ways to treat rotator cuff tendinopathies, reduce protective muscle spasms due to joint fixation, distinguish between nerve pain and tendinopathy, reduce nervous system "noise" with spinal groove work. Learn assessment and corrective techniques.

Friday, May 5

All Day Sessions • 8am-12pm | 2-6pm



(I) COVID: Understanding the Infection, Long COVID, And the Massage Therapy Adaptations (8 CEH)

Instructor: Kim Corpus

This hands on class is designed to help massage therapists understand the effects of COVID on multi organ systems in the body, the cumulative effect of having COVID, and the long-term effects of living with long COVID/PASC. The U.S. Government Accountability Office in May of 2022 said that between 7.7 million and 23 million Americans have suffered from long COVID so far. With the alarming numbers of Americans being diagnosed and living with long COVID or longhaulers, it is important that massage therapists have the knowledge and understanding on how to adapt and apply massage safely. Consideration also needs to be taken with the complexity of the diagnosis, to understand and create a massage care plan that is beneficial and helpful for those living with longhaulers.



Introduction To Clinical Massage Therapy (8 CEH) Instructor: Nicole Miller

Developed through a hospital-based education experience, this class provides a foundation for understanding the capacity of massage therapy and the role of providers in various clinical settings. With a focus on massage for healthcare, class content emphasizes major healthcare definitions, clinical models, trends, and topics relating to massage therapy in clinical processes and settings. Essential clinical massage provider proficiencies are identified, along with basic methods and techniques.

To support professional advocacy, Nicole includes local clinical providers as guest speakers at presentations, based on availability and content.

Morning Session • 8am-12pm



The Foot and Ankle (4 CEH) Instructor: George Russell

Isn't it time we walked right up to the foot and ankle and took a good look? The foot is still a marvel to me -- a beautiful, brilliant, multi-use part of the body. We'll examine the foot as the stable foundation and powerful propeller of the body. We'll review anatomy that's immediately useful in the massage room, functions and dysfunctions of the foot, some exercises to strengthen the foot, on the table and in-home care and practice lots of techniques to make the foot work and feel better.

Afternoon Sessions • 2-6pm



The Ribcage and Breathing (4 CEH) Instructor: George Russell

The ribcage is a major weight segment of the body, important for protection, mobility, support and movement. We will review basic anatomy of the thorax and its major musculoskeletal structures and their restrictions. Close observation and analysis of the ribcage in breathing and other motion, will lead directly into massage techniques, focusing the concept of the ribs and diaphragm as continuous and continuously moving three-dimensional structures.



Getting Comfortable Working with the Anterior Neck (4 CEH)

Instructor: Scott Raymond

For many massage therapists, addressing issues arising from the anterior neck can be intimidating.

Dysfunction with the anterior neck musculature can result in headaches, limited range of motion, upper extremity neuropathy, and swallowing issues. The musculature can refer pain to the head, face, throat, jaw, chest, upper back, shoulders and upper extremities.

During this course we will discuss the anatomy, physiology, kinesiology, and pathologies of the cervical spine. Attendees will partner up to palpate and develop hands on skills to address the musculature and other structures of the anterior neck.

After the completion of the course, attendees will understand how to safely work with the anterior neck and cervical spine to assist increasing cervical spine ROM and function, relieving pain in the neck, throat, and upper extremities, decreasing cervical muscle spasm and tension, easing headaches and upper-extremity neuropathy, and reducing whiplash discomfort.

Saturday, May 6

Morning Sessions • 8am-12pm



The Spirit of Anatomy, part 1: Grounding, Locomotion, The Legs, and the 1st Chakra (4 CEH)

Instructor: George Russell

The Spirit of Anatomy, Part One: Grounding, Locomotion, and The Legs investigates various anatomies, layering Western/scientific anatomy together with cross-cultural, historical, and alternative concepts. Part I takes up the legs and gait. Students will learn the Western anatomy and kinesiology of the area and the way these phenomena are understood in various other systems of thought.



Getting Comfortable Working with the Shoulder Girdle (4 CEH)

Instructor: Scott Raymond

During this class, participants will learn how to work with the shoulder girdle safely and effectively when indicated while staying within the scope of practice. We will review the anatomy of the entire shoulder girdle. We will discuss the indications and contraindications of massage therapy for shoulder girdle dysfunction, along with when and who to refer out to when indicated.

By the end of the class participants will be able to identify the anatomy of the shoulder joint by visual recognition, safely and comfortably palpate the shoulder girdle, communicate with a client about the benefits of deeper shoulder massage, determine which musculature to address when assessing the client, determine when shoulder girdle massage is contraindicated, refer to proper healthcare provider when indicated, and begin to address dysfunctional shoulder issues confidently and effectively



Modern Prenatal Massage for Today's Pregnancy (4CEH)

Instructor: Kim Corpus

During this class we will explore the anatomy and physiology of pregnancy along with learning how pregnancy impacts the body. Today's modern pregnancy requires the importance of using correct or inclusive language and to have an understanding of the current guidelines with massage in all trimesters of pregnancy.

We will explore how to treat common issues that occur during pregnancy and discuss perinatal mood disorders and how massage can have an impact on the clients struggling with them, their partners, and families. We will look at research and benefits of pregnancy massage. We will explain the ethical concepts of informed consent and power differential as well as using gender inclusive language when working with clients.



Introduction to Clinical Massage for the Veteran Patient (4 CEH)

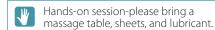
Instructor: Nicole Miller

Prereq: Intro. to Clinical Massage Therapy offered Friday

This class is designed to expose massage therapists to the capacity of massage therapy within the Continuum of Care. With a focus on massage for healthcare, class content emphasizes major healthcare definitions, clinical models, & trends specific to the veteran patient population. Topics include basic methods and techniques, such as Cultural Competency, that support the role of a massage therapist as a participant in a Team-Based Care plan.

To support professional advocacy, Nicole includes local clinical providers as guest speakers at presentations, based on availability and content.





Afternoon Sessions • 1:30-5:30pm



The Iliopsoas (4 CEH) Instructor: George Russell

The iliopsoas is an important muscle in lower body function and dysfunction. It is a hip flexor, but it also affects lower back and pelvic alignment. Deep, and "back to front", it is often overlooked when the low back hurts. This course includes anatomy and assessment of the iliopsoas; common problems; balance of the psoas and abdominals; manual release techniques; strengthening the psoas; assisted stretching; and simple self-stretches to know and teach your patients.



Introduction to Pelvic Bowl Pain and Disorders for the Massage Therapist (4 CEH)

Instructor: Scott Raymond

Functional issues within the structures of the pelvic bowl can impact overall health and produce pain. These conditions are often overlooked by massage therapists both during intake and treatment because more knowledge is needed to associate pain patterns with pelvic bowl structures and conditions. As more medical professionals begin to diagnose and treat pelvic bowl and organ disorders, we will identify where massage therapists fit into the course of treatment and our scope of practice in this area.

During this class, attendees will learn the anatomy and physiology of the pelvic bowl to include muscles, nerves, organs and how they contribute to issues with pain, digestion, and reproduction. We will also discuss how to establish rapport with clients to facilitate clear communication with clients about their bodies.

We will discuss how this information translates to appropriate interventions for common pelvic health issues, as well as how and when to collaborate with or refer to additional practitioners.

Attendees will be able to clearly explain, identify and selfpalpate abdominopelvic anatomy. interpret medical histories and conditions that relate to the pelvic bowl and weave that information into their general medical history client intake, clearly discuss pelvic bowl disorders and formulate discussions with clients in the context of a massage therapy session, be able to identify and discuss the bio-psycho-social components of pelvic bowl disorders and their context within a massage therapy session.



Introduction to Oncology Massage: Dispelling Myths and Preparing Practitioners (4 CEH)

Instructor: Ericka Clinton

Massage has been proven to be an effective complementary therapeutic approach for people with a history of cancer. Whether in treatment or remission touch therapy provides numerous benefits to the individual dealing with a challenging chronic disease. This 4-hour class will introduce therapists to basic knowledge of oncology massage, the benefits of touch therapy to the cancer patient and dispelling the myths regarding massage and cancer. This class will also highlight the appropriate education to embark on if a therapist would like to specialize in oncology massage.



Introduction to Clinical Massage for the Patient who Lives with Anxiety & Depression (4 CEH)

Instructor: Nicole Miller

Prereq: Intro. to Clinical Massage Therapy (offered Friday)

This class is designed to expose massage therapists and allied partners to the capacity of massage therapy within the Continuum of Care. With a focus on massage for healthcare, class content emphasizes major healthcare definitions, clinical models, & trends specific to the patient population who lives with anxiety and depression. Topics include basic methods and techniques, such as Cultural Competency, that support the role of a massage therapist as a participant in a Team-Based Care plan.

To support professional advocacy, Nicole includes local clinical providers as guest speakers at presentations, based on availability and content.

Sunday, May 7

Morning Sessions • 8:30am-12:30pm



Shake, Rattle and Roll: Augmenting Swedish Massage

Instructor: George Russell (4 CEH)

If a point is held and the body is moved around it, rather than digging into the point, the tissues will respond by softening and releasing adhesions. Movement at the joints and muscles assist in resetting the nervous system, decreasing pain sensation, and helping to reorganize ineffective movement patterns. Using the largely underutilized massage techniques of jostling, body movements, and tapotement, Massage Therapists can greatly enhance the effects of massage for clients



The Art and Science of Gua Sha (4 CEH)

Instructor: Scott Raymond

Gua sha is an integrative therapy that involves gliding a smoothedged instrument known as a gua massage tool over the client's skin to improve circulation, reduce inflammation, increase range of motion, and relieve chronic pain.

During this 4-hour course, attendees will learn the history of Gua Sha, how to approach a client about receiving Gua Sha, post session care for the client, the indications and contraindications of Gua Sha, how to care for your tools, how to integrate this bodywork modality into a massage session, while staying within our scope of practice.



Competency and Compassion: Working with Special or Vulnerable Populations (4 CEH)

Instructor: Ericka Clinton

Working with special or vulnerable populations can be very rewarding. Touch therapy can be so valuable to their wellbeing and overcoming the challenges that society has put in front of them. Regardless of intent a therapist must have some training to understand fully the needs of a population and the ability to treat the various needs of each person.

In this 4-hour class we will discuss the specific massage needs and helpful approaches for four of these populations: pregnancy, cancer, amputation and morbid obesity.



Introduction to Clinical Massage for the Patient that Lives with Substance Use Disorder(s) (4 CEH)

Instructor Nicole Miller

Prereg: Intro. to Clinical Massage Therapy (offered Friday)

This class is designed to expose massage therapists and allied partners to the capacity of massage therapy within the Continuum of Care. With a focus on massage for healthcare, class content emphasizes major healthcare definitions, clinical models, & trends specific to the patient population who lives with substance use disorders. Topics include basic methods and techniques, such as Cultural Competency, that support the role of a massage therapist as a participant in a Team-Based Care plan.

To support professional advocacy, Nicole includes local clinical providers as guest speakers at presentations, based on availability and content



Convention Sponsors





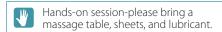
Luncheon Sponsor



Breakfast and Break Sponsor







Instructor Bios



Ericka Clinton, LMT

Ericka Clinton is a NYS LMT and serves as the Dean for Massage at the Swedish Institute and maintains a private practice. She currently serves as the President for the Board of Directors for the Society for

Oncology Massage

Ericka has a B.S. degree and currently teaches a variety of CE courses for therapists in NY and outside the US. Her courses include topics like oncology, Shiatsu, medical massage, anatomy and working with special populations.



Kim Corpus, LMT

Kim Corpus is a LMT in private practice and at Crouse Hospital. She also educates in the field of massage therapy on how to safely adapt massage for special populations like pregnancy, infants,

pediatrics, trauma, bariatrics, mental health, clinical, and with post covid patients living with PASC/Long Covid. In 2019, she created the pregnancy massage practices and protocols for Elements Massage Inc., the third largest massage chain in the US. In 2021, she contracted Covid and is now living with PASC/Long Covid. Going through this painful life changing journey, she discovered that massage therapists need to understand the infection, how to safely approach and adapt massage for those living with the different long term multi-systemic effects of the covid infection. She is currently traveling the country providing education on massage within special populations, the infection of Covid, and PASC/Long Haulers.



Nathan Fay, LMT

Nathan Fay is the owner of Hazardville Wellness. As a Board-Certified Licensed Massage Therapist, who has been in practice for over 16 years in Enfield CT. Nathan specializes in Myoskeletal

Alignment Therapy and Osteopathic Manual Therapywith the goals of getting rid of pain, improving movement and teaching clients how to stay better with home care.

Nathan graduated from Connecticut Center of Massage Therapy in 2006 and became licensed and nationally certified that same year. Nathan became Board Certified in 2014. He has done extensive training in Orthopedic massage with Whitney Lowe and James Waslaski. In November of 2018, he completed his coursework in Myoskeletal Alignment with Erik Dalton and is now recognized as a Master Myoskeletal Therapist in my field. In 2020 Nathan Enrolled in the London College of Osteopathy. Nathan travels internationally as a T.A for the Freedom from Pain Institute, and as of 2020 was hand selected to become a teacher for the Freedom from Pain Institute, under the direction of Erik Dalton.



Nicole Miller, LMT

Since 2004, Nicole Miller, M.S., L.M.T. has fused massage therapy service, education, & outreach initiatives. Professional experiences include serving as a massage therapy clinical provider at Crouse Health and the Syracuse VA.

She has provided education & instruction at Morrisville State College, Onondaga School of Therapeutic Massage, Crouse Health, AMTA state chapters, and the AMTA National Convention. She is the creator of the Hands & Hearts in Action and Compassion in Action community health outreach programs.



Karyn Quraishy, MSPT, CST-D

Karyn has been a pediatric physical therapist for over 20 years and has spent over 9 years working in a level III NICU. She is Sensory Integration and Praxis (SIPT) certified, has received the NOMAS

certified in feeding, is a certified CranioSacral Therapist, is NDT certified in pediatrics, is a certified infant massage instructor, and received the Neonatal Touch and Massage Certification. Karyn has also earned the Developmental Care Specialist Designation from the National Association of Neonatal Nurses. She has published several articles including A Protocol for Swaddled Bathing in the NICU and Feeding in the NICU: a Perspective from a Craniosacral Therapist. She has been speaking nationally on a variety of topics regarding patient care in the NICU. Karyn presently divides her time between her a private practice, The Body Network, in Rochester, New York, consulting for Philips as a Preemie for a Day instructor, and teaching Craniosacral Therapy for the Upledger Institute. Karyn currently is an instructor for CST1, SICS and the CCPB1 classes at UI.



Scott Raymond, LMT

Scott has been a licensed massage therapist and active volunteer for the American Massage Therapy Association (AMTA) since 1998. His style of practice is an eclectic blend of eastern, western, and orthopedic methods of bodywork. Scott's

teaching style is dynamic, and brings attendees a sample of his over 20 years of his massage therapy experiences and influences, from entry level to current day.

He has taught kinesiology and hands on classes at all 3 Connecticut Center for Massage Therapy campuses and the American Institute. To deepen his practice, he became board certified by the National Certification Board of Therapeutic Massage and Bodywork in 2018, and became a certified personal trainer through the National Academy of Sports Medicine in 2017 with a focus on corrective exercise.

Shortly after Scott founded Strong House Continuing Education in 2017, he was diagnosed with Transverse Myelitis, and his focus shifted from a full-time massage practice to continuing education.



Dr. George Russell

Dr. George Russell is a bodyworker, chiropractor, dancer, teacher and movement specialist. He teaches alignment, improvisational dance, and movement for actors, as well as many

anatomy, technique and theory courses to bodyworkers, yoga practitioners, and other body-based therapists. Dr. Russell is a long-time student of Lyengaryoga, the Rosen Method, Alexander technique, energy medicine, the 12 steps, Irene Dowd, and psychotherapy all inform his approach. Dr. Russell holds a master's degree in Movement Studies from Wesleyan University and a summa cum laude doctorate from the University of Bridgeport.

Dr. Russell's teaching philosophy is based on the idea that information is only useful when presented in the context of people's lives and work. No information is presented without practical application, and spontaneity, humor, personal attention and warmth are central to his work. He has been teaching for 35 years.

Teaching credits include ongoing supervision and seminars in his own office in New York City; the American Massage Therapy Association's National Convention; Connecticut Center for Massage Therapy; the Swedish Institute (New York) and many other venues.

Lodging Information





Hotel:

Marriott Syracuse Downtown

100 E. Onondaga Street Syracuse, NY 13202

Lodging contact:

The recommended reservations method is online; https://www.marriott.com/event-reservations/reservation-link.

mi?id=1667323695205&key=GRP&app=resvlink

This link is customized specifically for the American Massage Therapy Assn, NY Chapter Conference at the Marriott Syracuse Downtown.

For those needing to book over the phone, a centralized reservations number is available at **888-236-2427**.

While this number is not local to the hotel, by mentioning the group code **"AMTA NY Annual Convention"** the negotiated group rate will be applied.

Parking:

Parking is \$5/day in the hotel lot. This lot is located kitty-corner across the street from the hotel and directly across the street from the lot labeled "Hotel Syracuse."

NOTE: Please be aware, the hotel lot is NOT the lot adjacent to the hotel labeled "Hotel Syracuse" with the skybridge to the hotel.

If you park in the "Hotel Syracuse" lot, you will be charged more than \$5/day and they will not honor our negotiated rate.

Carpooling is strongly advised and early arrival, if you are driving in daily, may help ensure ease of parking.

AMTA-NY offers rigorously vetted continuing education to grow your practice and your skill set. Practice new techniques in a hand-on course or broaden your knowledge with courses on research, ethics, special populations or clinical practice.

Continuing Education Credit

NYS Continuing Education Law requires 36 hours of continuing education every three years beginning with your first registration.

All New York credit for classes will be issued by the instructors through NCBTMB, the National Certification Board for Therapeutic Massage & Bodyworkers. All classes offered at this convention are eligible for CE's and can be applied toward your next recertification.

AMTA-NY

2022-2023

Board of Directors

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Convention Volunteers Needed!

If you are interested in donating your time, skills and expertise, there are a variety of volunteer opportunities available at Convention 2023. We appreciate your help!

If interested, please contact: 585-582-6208 or e-mail: office@amta-ny.org

Thank You Vendors

Taproot Threads

Karuna Candles

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167 Chamberlain Road Honeoye Falls, NY 14472 www.amtany.org





Awards & Scholarships

SCHOLARSHIP CONTEST

Scholarship Essay Contest

AMTA-NY runs a Scholarship Essay competition every year!

Your school has the information and/or you can visit our website for information www.amtanewyork.org.

Be one of our 2023 winners. Good luck!

Chapter Award Nominations

AMTA-NY is proud to honor those who go above and beyond for the profession.

You, as a member, can nominate or be nominated for a chapter award.

All information on how to download forms to your computer and submit your nomination can be found on our website www.amtanewyork.org under the tab Awards and Scholarship.

GET YOUR VOTE IN!

The deadline for nominations is March 1, 2023.